The Sacroiliac Joint: a survey of the current practice in the United Kingdom

Dr. Erin Byrd, DPT, MCSP, SCS, CSCS
Lecturer in Physiotherapy
Plymouth University

@drerinbyrd
Background

So how do we as physios assess and treat SIJ region pain?
Methodology

Creation of Survey

Recruitment of Participants

Dissemination of Survey

Collection of Results

Analysis of Results
Results

- Use of dx tests
- Use of dx tests
- Women’s
- Current evid
- Clinical exp
- LBP <SIJ ax
- <mobilisations
- Sports & MSKOP

Clinical exp
Women’s health & private practice

Sports & MSKOP

Do you control
So What?

🌟 New baseline of current attitudes and clinical practice in the assessment and treatment of the SIJ as a source of LBP in the UK

- Guide future research
  - Make it clinically relevant
    - Help clinicians apply current evidence in plan of care

- Spark further discussion within the profession
  - Decrease the intra-professional confusion to improve patient pathway