Optimising Function - Focussed Care for Hospitalised Older Adults

• Independence
• Opportunity
• Rehabilitative care

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Aims & Methods

Aims:

- To establish how much of the care received by our patients is function-focused as opposed to custodial. **Method: Observational Study**

- To establish which patients receive more custodial care, and therefore how can we reduce this. **Method: Spearman’s Rank Correlation Analysis**

- To investigate staff thoughts on the care that is provided and what can be done to improve this further. **Method: Semi-Structured Interviews.**
Results

- Function-Focussed Care: 35%
- Custodial Care: 65%

Custodial Care:
- Lower Modified Barthel Index score
- Higher level of dependence

Training Required by Staff:
- Rehabilitation
- Pressure areas
- Dementia
- Joint sessions with Physiotherapists

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Implications and Next Steps

• Teaching and training programme for Nursing and Physiotherapy assistants.

• Daily joint sessions for those less functionally able and who require a higher level of assistance.

• Upskill staff through Multi-Disciplinary learning and working to encourage a change in culture towards rehabilitation.
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Key References: