**CSP** Leadership Development Programme: My Journey So Far Rob Cooper BSc MCSP Dip Senior Physiotherapist **Bristol Community Health** 

#### **Reasons for Joining Programme**

Help physiotherapy rule the world; or at least the NHS

## Reasons for Joining Programme

- Personal
  Development
  - \* Leading self
  - \* Leading others
- \* Service Development
  - \* Project management
  - \* Development tools
  - Engage senior management

- \* Career Development
  - \* Promotion
  - \* Aspirations

#### Impact on Practice

#### \* Confidence

- Less autocratic, more delegation
- Collective leadership
- Develop Coaching style
- \* Apply for Team Lead/Manager role
- \* Skills & Knowledge
  - Service development tools
  - Action Learning

### Key Learning

## What its like to be on the receiving end of me?

# Where I am 1 year following applying for course?

### Key Learning

#### WATCH YOUR THOUGHTS, FOR THEY BECOME WORDS. WATCH YOUR WORDS, FOR THEY BECOME ACTIONS, FOR THEY BECOME HABITS. WATCH YOUR HABITS, FOR THEY BECOME CHARACTER. WATCH YOUR CHARACTER. WATCH YOUR CHARACTER, FOR IT BECOMES YOUR DESTINY.