

Meet the CSP Welsh Board – Who’s Who 2023

Welsh Board Executive Members

Leighton Powell – Interim Chair, Treasurer of CSP Welsh Board and Job-share CSP Regional Safety Representative



I Work at Ysbyty Aneurin Bevan in ABUHB as a static band 6 physiotherapist. I have specialised in MSK out-patients. I represent CSP members in South East Wales and am joint CSP Health and Safety regional representative for Wales.

Leighton.powell@wales.nhs.uk @LeightonPowel

Sheryl Barnet – Vice Chair of CSP Welsh Board



I work in a busy Integrated Community Resource Team, Service provided by Caerphilly CBC & ABUHB and also in Cardiac Rehab. I am an Assistant Therapy Practitioner / Senior Physiotherapy Technician.

My speciality area of work is keeping individuals independent at home, preventing hospital admissions. My speciality varies day by day. I could be exercising with clients who have recently had open heart surgery in a gym or providing a home exercise programme in a clients’ own home - no one day is the same.

I represent all CSP Associate Members on CSP Welsh Board.

sheryl.barnett@wales.nhs.uk @SherylB76

Julia Clayton – Secretary of CSP Welsh Board



I am an AHP Dementia Specialist Physiotherapist across Wrexham and Flintshire in Betsi Cadwaladr UHB in North Wales. I am also a CSP Steward for Wrexham and Flintshire. I represent CSP members in North Wales and I am the Secretary of CSP Welsh Board.
Julia.clayton@wales.nhs.uk @juliapheebbs07

Pip Ford – Communications Officer of CSP Welsh Board



I worked in the Cardiff Royal Group of Hospitals for 14 years and during that time was a local steward and the Regional Steward for Wales. My clinical areas of practice were Care of the Elderly and Respiratory Care, including ITU. I then took up the post of CSP Public Affairs and Policy Manager for Wales, working for the CSP for 20 years. I am now representing retired members on CSP Welsh Board. paulpip@mail.com @PhilippaFord1

Non Griffiths – Welsh Allied Health Professionals Committee (WAHPC) Representative



I work in Hywel Dda UHB mainly in Carmarthenshire, and represent South West Wales on the Welsh Board. I have been on the Executive Committee for 2 terms and currently represent the Welsh Board on the Welsh Allied Health Professionals Committee (WAHPC) which changed its name last year from WTAC. It is so important for Physiotherapy to have its voice within this group, and for the AHPs as a whole in Wales to collaborate and organise when dealing workforce issues. The group works closely with the Welsh Government. Clinically, I have worked in Pain Management, in Velindre NHS Trust and also now in Hywel Dda UHB. Non.griffiths2@wales.nhs.uk @Non104Griffiths

Susie Evans – Job Share CSP Regional Safety Representative for Wales



I work in Care of the Elderly in the Princess of Wales Hospital, Bridgend as a static 6. I am enthusiastic and passionate not only about Care of the Elderly but physiotherapy generally. I represent CSP members in Cwm Taf Morgannwg UHB. I am joint CSP Health and Safety Regional Representative for Wales. Susannah.bolt@wales.nhs.uk

Rajani Seelamanthula – South East Wales Representative



I work as a Specialist Women's Health physiotherapist at Cardiff and Vale UHB.

I represent South East Wales and I enjoy being part of the CSP Welsh Board as I get to be part of the bigger picture and understand how much work goes on in the CSP. As I have been attending meetings, I have learnt a lot about how much the CSP influences. Physiotherapy as a profession has the opportunity to be holistic and evidence based and I believe CSP as an organisation thrives to support its members. I believe that it's a diverse profession. As I am a pelvic health physiotherapist, I am a member of the POGP and would love to be a link between Welsh Board and the POGP group in Wales

I have been involved in the CSP's diversity group and wish to be more involved in groups both to be part of the change and contribute towards the change. I have thoroughly enjoyed being part of the diversity group as I felt there needs to be a lot of work to go into that within the profession. Although no one intends to be discriminative in nature there are real life experiences I have been through that make me want to be a part of this to influence the change to support equality and fair availability of both responsibilities and opportunities to all in the profession. It is also to be instrumental in bringing the change.

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Julie Wilkins – Higher Education Institute (HEI) Representative (North East Wales)



I work in Wrexham Glyndwr University and I am the Principal Lecturer and Professional lead for the BSC (Hons) Physiotherapy programme. I have a particular interest in

cardiorespiratory care. I have come onto CSP Welsh Board as I am keen to be able to contribute and shape the physiotherapy profession in Wales.

Julie.Wilkins@glyndwr.ac.uk

@juliophys

Maria Lewis – Private Practitioner Representative



My name is Maria Lewis. I am Co-Director of Reach Your Peak which is an online exercise community for people with Parkinson's. I'm the Private Practitioner Representative on the CSP Welsh Board. I feel this is an important role to ensure that Private Practitioners needs are understood and met by the CSP.

reachyourpeakonline@mail.com

@ReachURPeak

Jonathan Flynn – Higher Education Institute (HEI Representative (North West Wales)

I am the Professional lead for Physiotherapy in Bangor University. Interested in promoting and advancing Physiotherapy education in Wales and beyond.

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Manessa Faal – BAME Representative



Currently I work as a Band 6 MSK specialist physiotherapist in Swansea Bay UHB and also I have my own private business practicing in Veterinary Physiotherapy.

I have been a CSP steward for the last 8 years within Swansea Bay UHB and I am the co-opted BAME representative for CSP Welsh Board. I am also part of the Welsh race equality group and the BAME network for the CSP and Swansea Bay UHB.

In addition to these roles, I am also heavily involved in the deployment of the veterinary physiotherapy sector and currently I am the Chair of the Association of Chartered Physiotherapist in Animal Therapy.

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Sarah Andrews –Representative for Mid Wales



I work at Victoria Memorial Hospital, Welshpool and Llandrindod Wells hospital for Powys Teaching Health Board. I have specialised in MSK Outpatients. I represent PTHB on the CSP Welsh Board. I took up the role as CSP rep to fly the flag for Mid Wales and Powys and help make better connections in the workplace between colleagues and the CSP.

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Charlotte Hamilton-White, Newly Qualified Representative



My name is Charlotte and I am the New Graduate Rep for Wales. I qualified at the end of the summer in 2021 and am currently a rotational band 5 within Cardiff and Vale Health Board. I hope to be able to form an effective link of communication between both the CSP and junior physiotherapists across Wales.

Amy Bendall, Higher Education Institute (HEI) Representative, Cardiff University



I am a senior lecturer in Cardiff University and have recently taken on the role of Professional Head for Physiotherapy. I am passionate about education, and I am excited to be on the Welsh Board to support the excellent work that the Board does to support the interests of the members in Wales.

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Also on CSP Welsh Board are:

Rhi Morgan, South West Wales Representative

Rowy Jones, South West Wales Representative

Konnie Kyrou, Independent Hospital Representative

Rachel Langford, WPhLAG Representative

Sian Young, Mid Wales Representative

Luke Tobin, Regional Steward

Isobel Hutchinson, North Wales Representative

Nia James, South West Wales Representative

Jordanna Roberts, South West Wales Representative