**CSP South Central RN: The impact of Long Covid**

**Anonymised chat room transcript from the online event May 12, 7:30pm**

Do we know how old the patient is?

She is 46

Did not have any past medical history

Is it difficult to know what is post a long ITU stay rather than pure COVID?

My long covid pts had covid in spring 2020 and no hospital admission in most cases but all have very significant long covid issues

I agree, having done post ICU rehab for over 10 years, this could almost be any of my patients. Distinguishing ‘Long Covid’ from PICS in these patients is tricky.

You're absolutely right and PICS is one of the discrete syndrome that sit under the long COVID phenotype. Case definitions still not confirmed

Agree very fine line between coercion and encouragement. Wrote my dissertation on this concept

The Physios for ME group also have some great resources and advice. Have been really helpful.

Yes- they are great

They have worked with Long COVID physio to establish the differences and similarities between CFS/ ME and Long COVID

Is anyone else having connection issues?

Mines OK but the heavens just opened!

If it keeps happening, sometimes logging out and back in can help?

Thank you

Mines Ok too, but the sky is dark.

Long COVID physio are brilliant as you said. Great resources and guidance. Having seen lots of post ICU and non- hospitalised patients, there is a huge range of presentations. They are certainly complex and varied!

Hi All, just a reminder to keep your questions and comments coming in the chat. We will be moving to Qs at the end of Claire’s presentation.

To help us please indicate which presenter you are directing your question to Helen or Claire (or Noelia for the patient story). Thank you :)

To anyone - what are peoples experiences of patients waiting times to be seen by long covid clinics, especially those that are just coming via gp and not via a hospital route?

To Helen Which other professionals would you say are critical to include in your MDT?

Is there is any guidance for Universities on how much to include in the curricula about long covid, and also how to prepare students to support especially the community workforce. Many of our students work as band 4 assistants and have through the pandemic. So Claires slides were interesting.

thank you

I have to go but thank you for this evening

Thank you Helen

We are already including covid, mostly acute at present, but looking at long covid now too.

Again, such an interesting information, I’m in private practice and have been approached by a known patient with long Covid, so I’m learning so much. Thank you all.

thank you very informative

Thank you, very informative.

Really happy to come and talk to students anytime :) harteh@csp.org.uk

Thank you for an informative webinar.

Thank you this was very informative

That's great to hear - very busy academic staff!

Thank you for a really informative evening

Thank you all

thank you

Thank you. very informative

thank you

Thank you, really informative and lots of resources to help understanding.

Thanks very much

thanks very much to all

Thank you

thanks great session ...

thank you

Thanks for having us along :)

Thank you very much everyone

Thank you so much

Thank you everyone

Thanks to all those involved. Really useful and I look forward to accessing the presentation to follow the links

Thanks!

Thanks all

Thank you so much!

Thanks

Thank you