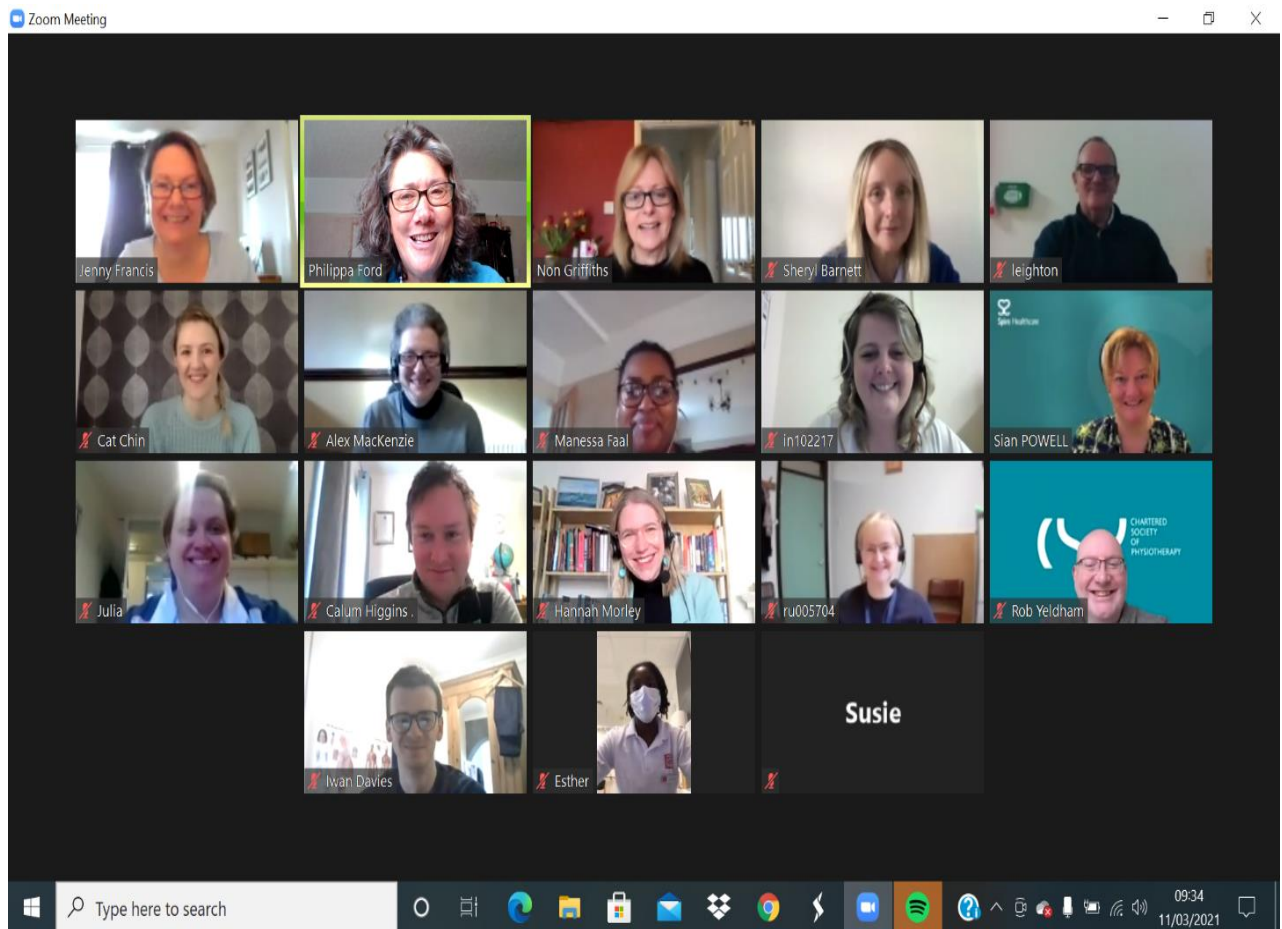


# CSP Welsh Board Newsletter

11<sup>th</sup> March 2021 – virtual AGM and meeting



## Welsh Board Executive 2021:

Chair – Catherine (Cat) Chin (North Wales Rep)  
Vice Chair – Sheryl Barnett (Associate Member Rep)  
Treasurer – Leighton Powell (South East Wales Rep)  
Secretary – Julia Clayton (North Wales Rep)  
Communications Officer – Pip Ford (Retired Members Rep)  
WAHPC Rep – Non Griffiths with Graeme Paul-Taylor as alternate

## Hello to our new BAME cooptee onto Welsh Board

CSP Welsh Board met virtually for our AGM and meeting. We welcomed Chair of Council Alex MacKenzie and Director of Strategy, Policy and Engagement (SPED) at the CSP Rob Yeldham to the meeting.

The CSP Welsh Board also welcomed Manessa Faal onto the Board as the BAME cooptee and she spoke to members about her hopes for future policies to address Equality, Diversity and Inclusion.

Manessa is a steward in Swansea Bay UHB – [manessa.faal@wales.nhs.uk](mailto:manessa.faal@wales.nhs.uk)

Manessa said:

*"Policies need to be guided by the knowledge and experience of those whose lives we are trying to improve. There is an appetite for improvement. Policies need to be anti-racist and fairer for all"*

Talking about the CSP's EDI Strategy, Chair of CSP Council Alex MacKenzie said: *"Timelines for delivery of the CSP EDI strategy are guidelines – we are being guided by the expert reference group - this is about people's lived experiences, it's emotional and we want it to be transformative."*

## Hello to the new CSP Professional Advisor with responsibility for Wales – Hannah Morley

There was a warm welcome from the Board to Hannah Morley the new CSP professional advisor who has Wales as part of her remit. Hannah trained in Wales and started her professional career in Aneurin Bevan UHB. She specialised in MSK and has worked in CMATS and FCP. Welcome Hannah – great to meet you and members will be looking forward to working with you.

Hannah said:

*"CSP FCP team is hoping to run a FCP event in Wales in May – look out for this. If you haven't heard from me and you are interested in this get in touch" [morleyh@csp.org.uk](mailto:morleyh@csp.org.uk) or on twitter @HannahMorleyNHS*

Hannah also flagged up work the CSP is doing with HCPC on 'Advanced Practice' roles – looking at how these could be regulated in the future – keep an eye on developments here!

Calum Higgins, Adam Morgan and Hayley Downey also provided updates to the Board

**Note** the Senedd Health Committee taking evidence on Long-Covid.

**Note** work is on-going to update the Grievance and Dignity at work policies to create Respect and Conflict Resolution Policies which will give mediation a much greater focus – Welsh Government is keen to develop a Welsh network of mediators.

**Note** the Welsh Board event on wellbeing –

Date: Wednesday 31st March 2021 Time: 6.30pm Sign up to reserve your free space here: <https://cspwaleswellbeingwebinar2021.eventbrite.co.uk>

## Update from the Wales Allied Health Professions Committee (WAHPC)

New Reps – Non Griffiths is the new WAHPC rep with Graeme Paul Taylor as alternate.

Non reported on 4 key priorities from the Chief AHP Advisor:

- Long Covid – there is a real need to know what innovative practice is being undertaken by AHPs is addressing Covid, long-covid and rehabilitation more generally
- Recovery and reset in the NHS. How will the NHS and its partners manage the rest of the work, over the next Assembly term
- Delivery of a National Clinical Framework – what will that look like and how do AHPs maximise their contribution?
- Training and development of AHPs and clinical scientists – what will this look like going forwards? In the aftermath of Covid, things have changed – how will this impact?

### **Great news.....!**

Physios Rebecca Kennedy (WPhLAG rep on WAHPC) will be working with other AHPs on a paediatrics related work stream and Non Griffiths will be leading on a strand of work looking at pain management. Well done to you both! If anyone wants to find out more – get in touch with Non – [non.griffiths@wales.nhs.uk](mailto:non.griffiths@wales.nhs.uk)

## Blow your trumpet; the importance of influencing and engagement...

- What amazing work are you doing?
- What new ways or working are you involved in – especially dealing with Covid and long Covid?



- Make sure you are updating the CSP innovations database.....

<https://www.csp.org.uk/professional-clinical/improvement-innovation/innovations-database>

## How are you changing your services?

We want to hear from you...

What are you doing differently? How have your services changed as a result of Covid? We need to hear from you – contact our WAHPC rep Non Griffiths [non.griffiths2@wales.nhs.uk](mailto:non.griffiths2@wales.nhs.uk)

## Are you going to vPTUK? – it's time to apply now!

<https://www.csp.org.uk/professional-clinical/courses-events/physiotherapy-uk>

## Keeping in touch with CSP Welsh Board and the CSP

- Are you following **@CSPWales** on twitter?
- Are you following the 'team CSP Wales' officers on twitter?

**@CalumCSP** – Calum Higgins, Public Affairs and Policy Manager for Wales

**@AdamM\_CSP** – CSP Senior Negotiating Officer for Wales and West Midlands

**@HannahMorleyNHS** – CSP Professional Advisor in Wales

**@CSPHayley** – Campaigns and Regional Engagement Officer for Wales

**@JennyFrancis88** – CSP Administrator in Wales

Are you signed up to receive regular CSP bulletins? Make sure your details are up to date on the CSP website and you have signed up to all the i-CSP bulletins you want to receive. There's loads of valuable information and peer support that you can tap into from the CSP and i-csp from other members that you link with via networks.

Living and working in Wales, you will be part of the Wales network – and you will receive the regular 'Wales regional bulletin'.

You will hear about information, developments and CSP campaigns 'hot off the press' that you are signed up to.



**Being active with a long-term condition**

LOVE ACTIVITY  
Physio can help  
HATE? EXERCISE?

### Linking with members locally – using zoom!

CSP Welsh Board now has 2 zoom licenses from the CSP so we can set up meetings locally where there is interest.

Let us know if there are particular speciality groups who might like to meet (**Note** – these are likely to be in the evening) to share experiences and support.

Meetings could be a webinar format where members come together to hear speakers and use a chat function or they could be a zoom meeting format with a smaller number of members but all can speak and contribute. For example, we could hold an event with a rep(s) from each Health Board so all areas of Wales are covered – there's plenty of scope for ideas.

Send your suggestions to Pip Ford, the Welsh Board Communications Officer –

[paulpip@mail.com](mailto:paulpip@mail.com)

**We have already had interest from women's health, the private practitioners and those working in pain services.**