

# Placement profile

**Names and roles** Sally York, Physiotherapy and FCP Professional Lead  
Luke Zubiena, 3<sup>rd</sup> Year Physiotherapy Student



**Organisations** Sussex MSK Partnership Central  
University of Brighton

## Placement overview

Sally; 'We offered a place to the University of Brighton for an MSK placement with a difference. Luke, a third year student, has spent a day a week with me in FCP clinic in Primary care, he spends a further day rotating between advanced practice clinics and the remaining 3 days within the MSK physio department at Horsham Hospital West Sussex seeing a variety of patients virtually by telephone or video and a few patients face to face'.

Luke describes his typical week as; 'Monday – Seeing patients with FCP Sally York in a GP surgery, I also spent time with the GP's a paramedic and the practice nurse. Tuesday – Seeing patients with my educator James. Wednesday – Shadowing the Advanced Physio Practitioner in their Duty Clinician role. Thursday – Seeing patients with James. Friday – Seeing patients with my other educator Nick. I had clinical reasoning sessions built into each week as well'.

**Supervision:** 1:1 face to face, whole team supervision, multiple supervisors

### Lessons learnt:

1. "This was the first placement where I have had 2 clinical educators, I felt it worked really well" (Luke)
2. The opportunity to experience advanced practice both as an FCP and within ICATS clinics
3. Valuable learning experiences in the primary care setting by spending time with GP's, practice nurse and paramedics

### Top tips for others:

- "Build in opportunities for inter-professional learning. I learnt so much from being with the FCP and AP's" (Luke)
- "Having the variety of MSK experience in this placement gave a unique insight into the management of MSK conditions literally from the first contact to intermediary care" (Sally)
- "Having a taster of FCP within an MSK placement worked really well" (both)

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