**Transcript from the CSP South Central Associates & Support Workers online conference 24.9.20**

**(anonymised except for CSP staff, Regional Network Reps and presenters)**

Claire Fordham : Hello everyone. I'm Claire Fordham Professional adviser at the CSP

From Oxford. Trauma inpatient Physiotherapist. Recently joined as a CSP steward

Hello everyone, my name is Asha – I am the marketing manager at the CSP

Adult community physio, Buckinghamshire Healthcare Trust

Chris Tuckett : Hi Chris Tuckett here, Associate Director of AHPs at NELFT and Physical Activity Clinical Champion for PHE

Hi, I'm Karen Lewis Deputy Chief AHP Dudley Group NHS FT

Hi I’m Rob from Hull, I am an associate member, I am also part of the support workers reference group and will be speaking later on.

Merseycare NHS community physio

Hayley Price : Hayley Price - South central regional network chair and ortho Physio from Portsmouth :) Welcome all!

Physio Associate Practitioner at QA Hospital

Rehab physiotherapy assistant from Gosport, Hampshire.

Physio tech that works in outpatients in Bridgend, South Wales.

Associate Practitioner for Solent Community Physio falls prevention exercise team.

Comm Physio at Home1st Bletchley Milton Keynes

I'm a Physiotherapy Technical instructor acute and community team from Aberystwyth Wales

Hello I’m a Children’s physio TI Oxford city

Hey all I am an associate practitioner in acute hospital in Portsmouth

Occupational Therapist Frailty team MKUH, Milton Keynes

Team Lead inpatient physio Wye Valley Trust

Associate Physiotherapy practitioner in orthopaedic inpatient and community.

Babs Sharp : hi all. I’m Babs Sharp one of the CSP Council members and an Isle of Wight Physiotherapist

Leeds Community Healthcare NHS Community Physiotherapy Assistant

Kat : Hi, everyone, I'm Katrina from South Central regional network, a CSP steward and a physio at Basingstoke Hospital

From Aylesbury (BUCKINGHAMSHIRE) , community HCA

from QAH Portsmouth, orthopaedic team with Hayley Price, Physio technician

Denbighshire Community Physiotherapist for BCUHB

Emma Ryan : Hi all im Emma Ryan a physio working on the Isle of Wight!

Physio technician Out Patients from Withybush Hospital Haverfordwest

from Christchurch Group, neuro rehab Harwell Therapy Technician

Therapy assistant practitioner for the dudley group NHS FT, in the community. I am a non member of the csp so I am happy to receive emails.

ABUHB Tech 4 in Msk Outpatients

Physiotherapy Deputy Head of Profession for Gloucestershire Health and Care Foundation Trust.

Portsmouth QA Physio Tech in Medicine

MSK Team Lead MKUH

Peterborough City Hospital. Associate member and also sit on the Support Worker Reference Group

I'm a Assistant Therapy Practitioner in the community for the Dudley Group NHS FT

physio team lead in the Emergency Portals team at UHNM

I'm a physio associate practitioner who works at QAH in Portsmouth.

I'm a physio technician who works at QAH in Portsmouth.

CSP representative for Wales and work in the community, Falls Clinic and Cardiac Re-Hab

Physiotherapist from SouthernHealth NHS FT.

I'm Hazel therapy assistant from Russell Hall Hospital, Dudley.

Emma Ryan : Hi everyone, its really great to have you here tonight, Hayley and I will be monitoring the chat tonight and putting any questions you post here to the presenters or if you want to ask them directly there will be time dedicated to ask questions.

associate practitioner in Portsmouth critical care

Physio Tech in Older Persons Therapy at QAH in Portsmouth

Emma Ryan : Get voting people!

I work for Portsmouth QAH and I am a physio tech

Rest as in bed Rest?

Thanks

will this presentation be available to view? Can it be emailed to use?

Emma Ryan : Yes its being recorded and the chat transcript will also be sent out anonymously

Hayley Price : If you have any questions for Chris, please write them here and we will get to them :)

Are there diagnostic markers to differentiate deconditioning and PVF?

Just so we don't make the wrong patient take rest

Are there any outcome measures that people are using out there for post covid patients?

Babs Sharp : distinction are the other symptoms- sleep, cognitive fog, disproportional pain,

I work solely in paediatrics but we haven’t had any confirmed cases as an Inpatient, would the paediatric rehab be the same, I’m aware they are presenting differently?

for those who are physically disabled and recovering from virus is there a different process for recognising PVF

Also effect of disordered breathing patterns on exercise confidence and fatigue. Seeing a lot post covid

I work with adults with learning disabilities, COVID has put a stop to important things like hydrotherapy, any suggestions on a reasonable replacement therapy?

modified fatigue impact scale is also useful as well as the ones Chris mentioned

what exercise do you suggest for those for CFS/ME when they are able to exercise

whilst my patients have shielded and for the most part have been kept safe, but we are seeing lots of deconditioning and behaviours linked to lack of exercise. an indirect casualty of covid. Thank Chris

thank you

Thank you Chris.

Emma Ryan : Lovely Chris thank you

Chris Tuckett : Apologies for the cameo from Hector!

Hayley Price : Thank you Chris! We loved Hectors cameo :) and thank you everyone for your questions.

Hayley Price : See you all in 5 mins!

Hector had some questions for you Chris.

Claire Fordham : Make sure you're back in your seat for Rob at 8.30!

Hayley Price : Ok all, hope you are all getting back in your seats ready for Rob.

Hayley Price : We will be taking questions at the end of Robs talk, so please get your questions in :)

Claire Fordham : This the assistant practitioner apprenticeship that Rob has completed and is available in England

so is it not available in wales ?

I completed by FD in 2017 and have been waiting for the full degree apprenticeship for some time. Any idea when this will be coming?

Will this type of course be available in, Wales, Scotland and Northern Ireland at some point?

Claire Fordham : Wales have just introduced a therapy assistant practitioner apprenticeship!

Claire Fordham : The are no apprenticeships available at the moment in Scotland or Northern Ireland

Merseycare are currently supporting 2 B4s on their apprentiships and have previously supported other badn 4 to get their degrees

You're speaking my language Rob :)

Thank you. Where would you find how to apply for this ?

that's a crowd

well done

Claire Fordham : Here is where you can find about apprenticeships in England <https://haso.skillsforhealth.org.uk/>

Hayley Price : Fantastic, thank you for sharing this Claire!

Rob, do you have competencies to support the clinical work that you undertake in rheumatology?

have your responsibilities increased with your qualification - if so has your banding?

geek is good

Geek squad love it

Well done Rob

Great reflection on your journey, thank you Rob.

Thank you for sharing Rob

well done on your achievement Rob

There are no universities that will support the full apprenticeship in the south of England.

the nursing Associates who did the FdSc get pin numbers. Are the CSP looking at this for AHP support staff

my trust supported a band 4 to achieve the level she needed to go for the apprentiship

I have done the level 3 diploma would this enable me to go onto complete a higher level?

Nurse Associates have that option to bridge over to full nursing and it would be so great if this could happen for AHPs

the local university will not run the full physio apprenticeship, would we be able to do it at another university that is? even if miles away?

when I went down to Cardiff uni open day they said it would not be used as an access to uni for Physiotherapy

same for our band 4 - continued to work whilst studying and being well supported by all out staff

I thought Southampton were looking at this??

thank you chris

good luck rob

Good luck Rob

good luck with the interview rob

Good luck with your interview Rob

Good luck Rob !

Claire Fordham : fordhamc@csp.org.uk very happy to be contacted by anyone

rob can I have your email please too?

R Minter : thanks everyone :) if anyone would like to contact me its Robert.minter@hey.nhs.uk or Robert.minter@nhs.net

Hayley Price : Fantastic to hear all about your work Rob. Thank you!

Hayley Price : We will be taking questions for karen at the end of the talk. Pop them in the chat :)

Claire - is there another pathway for a band 4 to reach band 5 level without foundation courses and apprenticeship especially for support workers who have been band 4 for 20 yrs +

I have been a band 4 for 5 years, I feel stuck with very little progression available. I continue to learn new things every day but sometimes feel under valued

Karen my team had IST on MSCC where only registered staff was invited to. I work with these type of patients and felt I would have benefitted from this. It was felt it would be beyond my scope and I went to my CSP Steward who was also at the training who stated the same thing. I still feel support workers should have been invited to this. I understand there are certain areas which would not apply to us Should in service generally be for the whole team to give views of a mix of different skill sets

Claire Fordham : Answer on NAs - no there are no plans at the moment for AHP support workers to be registered. This is not something that the CSP would do it would be a National regulator decision

Claire Fordham : The level 6 physiotherapy degree in England is still only available at a few Unis but more and more are going to be offering it over the next couple of years so watch this space!

Thank you.

I am a recently appointed band 4 and am interested in looking into further development. if there is any information on ways to develop further to band 5, would it be possible to have access.

Claire Fordham : if you are talking about the Wales level 3 diploma yes this means you would be accepted onto the level for Therapy Assistant practitioner

thank you Claire, yes I completed the AGORED level 3 in wales

Claire Fordham : I would encourage all of you looking to progress and how to do it to look at our capability framework https://www.csp.org.uk/publications/optimising-capability-physiotherapy-support-workforce

R Minter : For those asking, I do have the option to start on the second year of the physiotherapy course (at Sheffield Hallam) due to me completing this course. The only downside is that I would have to leave the trust and become a full-time student, hence I am waiting for the physiotherapy apprenticeship.

Claire Fordham : it depends on what a Band 5 role support worker role looks like at a local level. What Karen is describing here is a role which hots band 5 because of the additional responsibilities which brings it out as a Band 5

Claire Fordham : hits not hots!

Could you pop Karen’s email in the chat box please. Disappeared too quickly!

I have been a band 3 for almost 12 years and a band 2 for 10 years before that and I'm now on a phased retirement. I think the progression available in England is fantastic and I wish this had been available in Scotland when I started . good luck to you all and I'm well jealous.

more and more responsibility and expectation put on me, very little difference between what I do and what the band 5 does.

Merseycare community physio have IST for all and the some that's dedicated to B4

Mindy Dalloway : karen.lewis36@nhs.net - Karen's email

B4s are asked what training they feel they need and then if can be met then we do our best to support

ABUHB Have been very supportive of it's support staff with attending training, leading projects and presenting IST

Setting up an assistant forum is the best way to lead your own devlopment

LCH Have supported me even creating a new intervention. the support from the team and organisation has been amazing. onwards and upwards

In our Trust we have link roles and I am starting IST training around Learning Disabilities in our team

Happy to run over this type of learning is worth it

R Minter : Agreed chris

very interesting, thanks to all involved in organising.

i thought it finished at 9.30 so happy to go on

happy to continue, thank you

So use to running over Claire! :-)

Emma Ryan : South Central regional network are really keen to run more associate and support worker events - let us know what you want!!!!!!

Mindy Dalloway : <https://www.facebook.com/groups/590057697797178/> - SC Facebook grouphttps://twitter.com/CSPsouthcentral - SC Twitterhttps://www.csp.org.uk/networks/nations-regions/south-central South Central CSP page – need to be logged in as a member to view https://www.csp.org.uk/networks/associates-support-workers - CSP online hub for Associates and Support Workers www.csp.org.uk/associate - join the CSP as an associate member
we are a team of 40, have had an enforced office move and now only 12 max in office and not really suitable to student placement. They are pushing for us to have students but not COVID safe.

Babs Sharp : marvellous evening. well done everyone

Thank you for this evenings presentations, they have been very interesting, well done

recently joined been great to network

great evening thank you

Thank you everyone its been a great evening

Asha I : For anyone who joins as a CSP associate membership before midnight on Sunday 27th - to claim your gift, email me (israma@csp.org.uk) with • your full name• application ID (which you’ll get once you’ve submitted your online application)• and preferred choice of pocketbook

Great evening thank you everyone

Mindy Dalloway : <https://www.menti.com/n2c1r3ybdz> - Mentimeter survey

Great evening thank you

Where will the recording be for sharing on sm?

Thank you for having me everyone, sorry about my flaky Wifi!

Thanks everyone, really interesting presentations!

if your already a member of the CSP but never had the pocket book could you still get one?

thank you so much everyone!! 💙

Chris Tuckett : Thank you everyone for your time and questions. If anyone wants slides, or has questions about presentation or about being a Physical activity champion then feel free to email me Christopher.tuckett@nelft.nhs.uk

thanks all for a great bit of networking and sharing knowledge

From Emma Ryan : Thanks Chris

Thank you to all.

thank you for this evening, really informative

Asha I : Hello this is an initiative we're running at the moment for new signs - do look out for a new member handbook though which is in the pipeline!

Chris Tuckett : If anyone wants to arrange a Physical activity champion training session for their team then email physicalactivity@phe.gov.uk its free and now done remotely.

Thanks Chris that would be great, I’ll be in touch about that

thanks Asha, and thank you all.

Thank you everyone

Thanks everyone for this great evening!

thank you so much everyone involved

Great evening thank you it has been great to hear the great work support workers are doing :))

thank you

Thank you so much it was greaqt

R Minter : Thank You for having me :)

Thanks everyone, enjoyed my first zoom conference!

Thanks to everyone some great information, keep up the great work everyone!!