CSP Hip Fracture Standards
STANDARD 3: All patients receive daily physiotherapy that should total at least two hours in the first 7-days post surgery

This data is not captured by the NHFD. We have created this audit tool for you to use to identify how much rehab patient get in the first seven days after hip # surgery. Prolonged bed rest significantly affects outcomes for people after hip fracture and it is important that patients start rehabilitation quickly.

Identify the patient's previous activity levels over the past 6-months to ensure rehab goals are appropriate. Any member of the physiotherapy team may provide the identified rehab intervention. You should ensure that each rehab session includes domains of range of movement exercise, strength & balance training, transfers, walking and functional ability as appropriate to the stage of recovery and patient ability. An appropriate outcome measure is used to measure progress against each rehab goal.

There is a specific strength and balance training programme in place for patients at **low-moderate** risk of falls.

There is a specific multifactoral programme in place, including strength and balance training, for patients at **high** risk of falls.

For patients that **do not** receive two-hours of rehab by the end of the first 7-days, a clear record is made of any clinical reasons why not, together with a clear physiotherapy action plan with timescales, to manage the clinical conditons, to seek to enable rehab.

Intensity of therapy		**Day 1**	**Day 2**	**Day 3**	**Day 4**	**Day 5**	**Day 6**	**Day 7**	**Total**
For how long?	Total minutes (estimated)								

Optional Questions: *If you are not delivering a total of two-hours rehab in the first 7 days post-op you may want to investigate why this is. This is not part of your formal audit but may help you review your service provision*

If not, why not?	Bed-bound before admission								
	Documented contraindication								
	Insufficient staff								
	No weekend cover								
	Not done in this case								
	Patient refused								