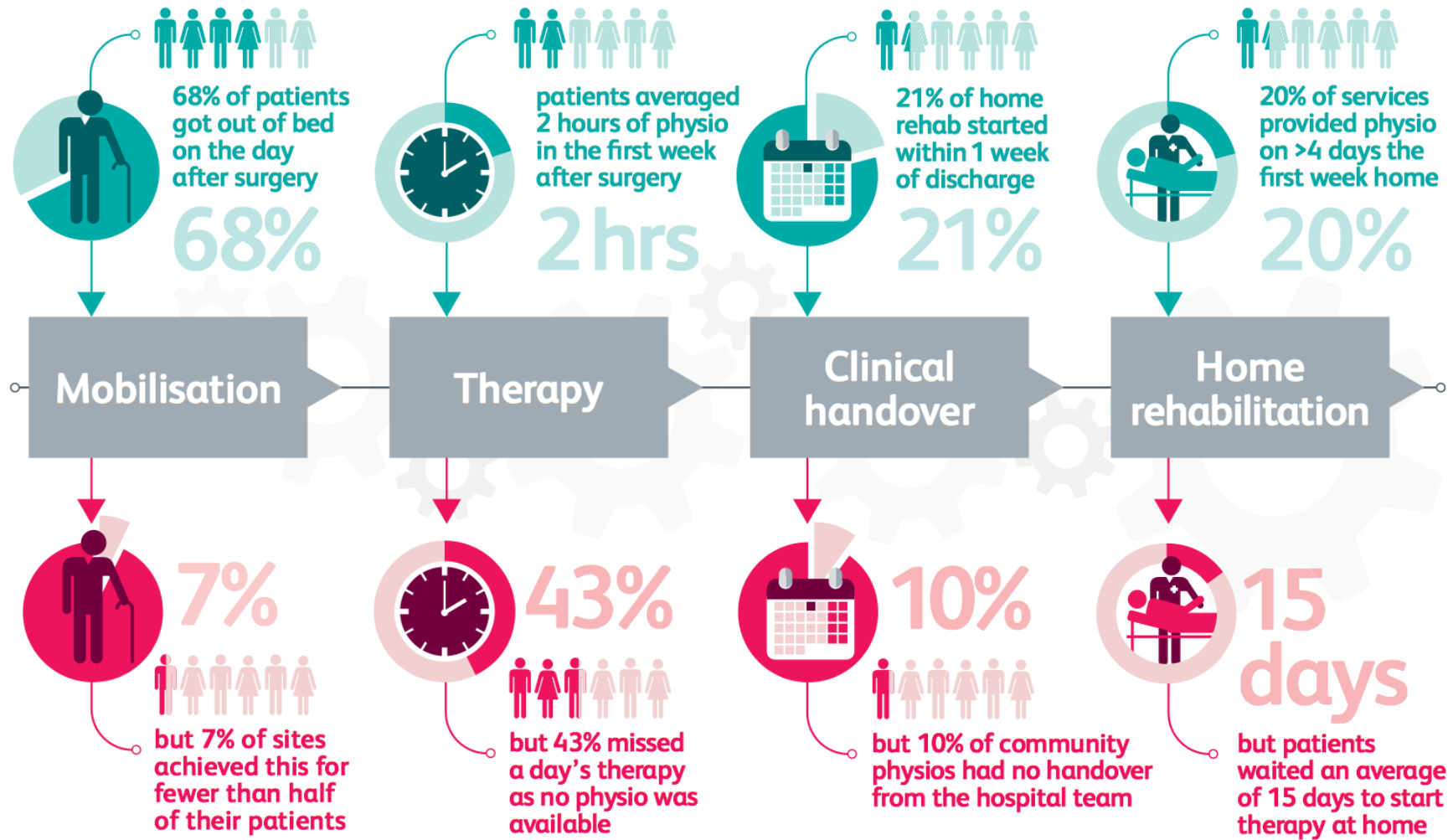


# Introducing the new Hip Fracture Rehabilitation Standards...

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- PUK Birmingham, UK – 19 Oct 2018



**HipSprint 1 =**  
**largest audit of UK**  
**physiotherapy**



## The hip-fracture standards at a glance:

- 1** A physiotherapist assesses all patients on the day of, or day following, hip fracture surgery
- 2** All patients are mobilised on the day of, or day following, hip fracture surgery.
- 3** All patients receive daily physiotherapy that should total at least two hours in the first 7 days post-surgery.
- 4** All patients receive at least two hours of rehabilitation in subsequent weeks post-surgery until they have achieved their goals.
- 5** All patients moving from hospital to the next phase of rehabilitation are seen by their new rehabilitation provider within 72 hours.
- 6** A physiotherapist is part of every Hip Fracture Programme's monthly clinical governance meeting.
- 7** Physiotherapists share their assessment findings and rehabilitation plans with all rehabilitation providers to enable clear communication with the MDT.







**1000** more patients could  
return straight home  
each year

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## Recovering after a hip fracture: helping people understand physiotherapy in the NHS

Physiotherapy 'hip sprint' audit report 2017  
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