Benefiting the research and clinical worlds to optimise patient care:
The impact of Physiotherapy Research Facilitators

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Background: How did it all begin?
Methods: What do PRFs do?

- Leading & participating in CAT groups
- Influencing research design
- Research Question
- Implementation
- Study Design
- Dissemination
- Delivery
- Identifying staff and resources
- Facilitating evidence into practice
- Mentoring, monitoring and troubleshooting practicalities
- Physiotherapy Research Facilitators
Results and implications

- **Optimised efficient and effective research processes**
  - Increased NHS engagement in musculoskeletal research in primary care
  - 21 research studies facilitated
  - 6081 Participants involved
  - 244 research active Physiotherapists

- **Research related evidence based training packages**
  - Improved Physiotherapy services and patient care

- **Timely translation of evidence into practice**

- **Summary**
  - PRFs leading spoke CAT groups in their localities
  - 44 evidence based recommendations for MSK pathways
  - 2 commissioning papers
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NHS National Institute for Health Research Clinical Research Networks: West Midlands and North West Coast

All of our patients and participants: past, present and future

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