



**Plan**

Now what?  
What do I need to know?  
How will I learn what I need to?

**My CPD**

What is the purpose?  
For me, my employer,  
my service?

**Review**

So what?  
Have I learned what I wanted to?  
How has it changed my practice?

**Do**

What?  
What did I actually do?  
What did I actually learn?

## Review

So what? Have I learned what I wanted to? How has it changed my practice?

- Critical Thinking
- Looking Backwards
- Keeping a Portfolio
- ePortfolio

## My CPD

What is the purpose?  
For me, my employer,  
my service?

## CPD Essentials

## Plan

Now what? What do I need to know? How will I learn what I need to?

- Looking Forward
- Everyday CPD
- ePortfolio

## Do

What? What did I actually do?

- Everyday CPD
- Critical Thinking
- Critical Reading
- ePortfolio