

# Coventry University

Experiences of Disabled Students within Physiotherapy Education

Mrs J. Opie; Ms E. Cunliffe; Ms R. East-O'Keefe; Ms E. Grace; Ms A. Karlsson

Outline the research aims, background and methodology

- Highlight the overall findings
- Discuss 3 key findings of particular relevance to supporting disabled students

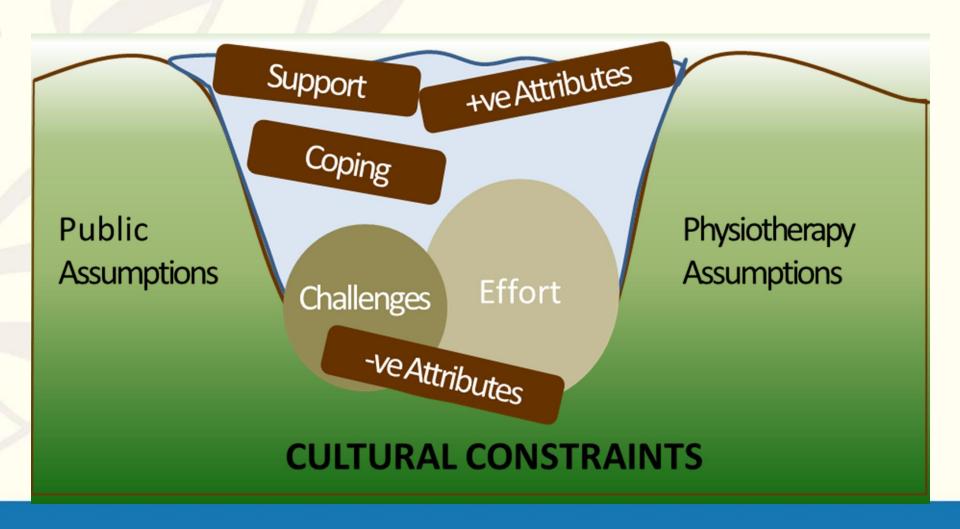
### Aims of Presentation



- Aims: to gain an insight into the lived experience of physiotherapy students with a disability as defined by the Equality Act 2010.
- Methodology: Interpretative Phenomenology, Participatory research
- Narrative interviews and Kawa pictorial representations
- 10 participants: 9 female & 1 male
  - Hearing impairment; Visual Impairment; dyslexia;
     AD/HD; Arthritis; mental health; wheelchair user

# Research Aims and methodology





# Overall Findings



Identity



'I think it's quite a negative word...

Determination

I do feel disabled students are more motivated and determined to do well

• Empathy having a disability has made me more aware not to take things for granted...[patients] feel I'm not patronising them as I'm not fully "perfect"..., so they learn to trust me quickly.

# Key Findings: Personal Attributes and Coping



- Disclosure dilemma
  - Admission
  - Pre-clinical
- Effort
  - Arranging support
  - During the course
- Negative Attitudes
  - Family
  - Teachers
  - Physiotherapists

"I didn't know whether it was going to influence their opinion"



"climbing Everest: in bare feet"

'the way she...
picked on
things wasn't
very nice'

Attitudes are the <u>Real</u> Disability

Key Findings: Challenges



 "I know some understand and some don't... I think it does boil down to the individual you're with and their understanding of the implications".

 "its' probably the best support I've ever had, because it's actually been acknowledged"



# Key Findings: Support



#### For Future Students

- Early preparation
  - DSA application
- Coping strategies
  - Openness
  - Determination
  - Pacing
- Potential to transform
  - Profession
  - Society in general

#### For the Profession

- Affirmatory information
  - Websites
  - Open days
  - Interviews
  - Information pack
  - Emma
- Open discussion
  - University
  - Pre-clinical





- CSP (2011) 'Into Physiotherapy: Welcoming and Supporting Disabled Students' London, CSP.
- Cromie, J. E., Robertson, V. J., and Best, M. O. (2002)
   'Work-Related Musculoskeletal Disorders and the Culture of Physical Therapy'. Physical Therapy 82 (5), 459-472
- French, S. (1995) 'Visually Impaired Physiotherapists: Their Struggle for Acceptance and Survival'. Disability and Society 10 (1), 3-20
- French, S. (1988) 'Experiences of Disabled Health and Caring Professionals'. Sociology of Health and Illness 10 (Jun 88), 170-188
- Giddens. A. (1984) "The Constitution of Society".
   Cambridge. Polity. Press

### References



- Iwama. M. (2006) 'The Kawa Model: Culturally Relevant Occupational Therapy'. Philadelphia. Churchill Livingstone
- O'Hare, C. and Thomson, D. (1991) 'Experiences of Physiotherapists with Physical Disabilities'. Physiotherapy 77 (6), 374-378
- Tinklin, T., S. Riddell, S. and Wilson.A. (2004). "Policy and Provision for Disabled Students in Higher Education in Scotland and England: the Current State of Play." Studies in higher education 29(5): 637-657.
- Viney, D.S. (2003) "Systems for Supporting People with Neurological Dysfunction in Higher Education". International Journal of Therapy and Rehabilitation. 10(11): 519-523.

## References

