



# Role Profile

## Women's First Team Physiotherapist

### Role Reports To: First Team Doctor & Head of Women's Football

**Role Purpose:** Working closely with the members of the First Team Medical and Sport Science Department, this role will assess, treat and rehabilitate players to enable professional football players to achieve their maximum potential and maintain well-being

### Main Responsibilities and Accountabilities

- Provide evidenced-based treatment & rehabilitation of injured players
- Maintain accurate records of injuries and medical interventions as per HCPC and CSP standards using the WPS system.
- Deliver individualised player development and injury reduction strategies to manage injury risk and enhance individual and team performance in collaboration with the wider interdisciplinary team, ensuring effective long-term athletic development (LTAD) of all players.
- Maintain license requirements by continuously striving for excellence, with the mission to provide a highly advanced level of service provision to the club's female players.
- Assist in co-ordinating musculoskeletal screening with the wider Performance Team
- Contribute to a multi-disciplinary approach by liaising closely with other departments.
- Provide physiotherapy input into all individual learning and development plans to enhance performance of players and minimise the risk of injury.
- Be able to work flexible and unsociable hours where the role of the job requires.
- Work towards agreed Key Performance Indicators (KPIs).
- Comply with all Club policies.
- Work alongside other team members to support in other areas of the organisation as and when required to promote best practice.
- Any other reasonable duties and responsibilities which your line manager or another senior manager at the club asks you to perform.
- Demonstrate commitment to Safeguarding by adhering to relevant policies, procedures and values relating to safeguarding children and adults at risk
- Support the Club's commitment to equality, diversity and inclusion

### Qualifications, Key Skills & Experience

#### Essential

- BSc (Hons) in Physiotherapy (minimum 2:1) is required
- Advanced pitch-side first aid qualification (Level 5 ATMMiF course)
- Membership of the Chartered Society of Physiotherapy (MCSP)
- Registration with the Health and Care Professions Council (HCPC)
- UKAD Clean Sport Advisor
- Have medical indemnity to treat/advise players
- Extensive experience of working within a First Team professional team sport environment and in the provision of physiotherapy services to high performance elite athletes.
- Extensive relevant evidence of sports medicine related continued professional development.
- Extensive experience in planning and delivering advanced progressive rehabilitation programmes for elite athletes, and in developing and implementing innovative ideas to enhance service provision.
- Comprehensive understanding of maturation and long-term athletic development and the performance demands of a professional female athlete.
- Experience of planning and delivering treatment and rehabilitation of sports injuries.
- A full UK driving licence.
- A sound understanding of safeguarding and welfare requirements.
- Strong organisational skills with a proactive, calm, positive attitude.
- Excellent presentation, and delivery skills.
- Ability to work under pressure in a fast-paced environment.

- Strong verbal and written communication skills which are clear, concise, and accurate
- Ability to work flexibly, including availability to work evenings, weekends and matchdays (depending on team schedules).

#### **Desirable**

- Completed or working towards an MSC in a Physiotherapy-related subject
- Extensive knowledge and experience in Elite, High Performance Physiotherapy
- Ability to translate complex information into understandable advice and guidance
- Experience of building strong relationships and work collaboratively.
- Ability to multitask and be self-driven within a team structure.
- Proficient in using IT systems such as Microsoft Office (Outlook, Word, Excel, and PowerPoint)

#### **Disclosure and Barring Service Check Requirement**

- This role will be subject to an Enhanced Disclosure including a Barred List Check disclosure

*Aston Villa Football Club is an inclusive institution that provides a welcoming environment to supporters, the local community, customers, employees, contacts and competitors. We want to ensure that the Club and all its subsidiaries are free from discrimination of any kind, embracing all regardless of age, race, disability, gender reassignment, pregnancy and maternity, sexual orientation, marriage and civil partnership, sex (gender), religion or belief.*

*Aston Villa Football Club is fully committed to safeguarding children and adults at risk across our Club. As such, we adhere to Safer Recruitment processes and for some roles a satisfactory enhanced disclosure via the Disclosure & Barring Service may be required prior to starting in a role at the Club. For more information, please see [Aston Villa Football Club | The official club website | AVFC - Safeguarding](#)*

**all in**  
Part of the Pride