



**GROW.  
DEVELOP.  
ACHIEVE.**

**PHYSIOTHERAPY**

on the Isle of Man

**Rotational Physiotherapist (Band 5 & 6)**

## Meet the managers



*“I am so proud of the work we do for the community”*

**Kelly Gulland**  
Therapies Manager

Thanks for your interest in our Physiotherapist role.

I'm Kelly and I am one of the managers within the Therapies and Podiatry services in Manx Care.

Working within our team is great, we're friendly, sociable and strive to be the best we can for our patients. It's an exciting time to join the team as we have new opportunities opening up from Band 5 all the way up to Band 8a.

I'm so proud of the work we do for the community of the Isle of Man because we really make a difference to the quality of life of people.

As Therapists and Podiatrists, we are involved in the patient journey from start to end.

We have put together this digital pack for you to find out more about the role, our organisation, what we can offer you and what we are looking for in a Physiotherapist.

I'd love to have an informal chat with you about the role if you are interested and have any questions.

**Feel free to contact me via [Kelly.Gulland@gov.im](mailto:Kelly.Gulland@gov.im) and we can set up a convenient time to call you.**



# Work somewhere that values **you, your career** and **your patients**

Join Manx Care as a **Band 5 or Band 6 Physiotherapist** today to make a real difference to the community of the Isle of Man!

These are rotational roles which means you can put all your learning, training and skills to use in a variety of clinics including **orthopaedic in/outpatients, medical and self referral**. For the **Band 5** roles, you will gain an excellent grounding in some of the core areas of physiotherapy, all the while taking advantage of the excellent development opportunities. For the more experienced Physiotherapists, the **Band 6** roles will allow you to manage a specialised caseload of patients as well as supervising and training more junior staff.

If joining us from the UK, you'll be **stepping away from NHS pressures** and demands, as the Island's healthcare system is similar but separate to the UK NHS.

We have an integrated health and social care service, meaning you'll get to work across the **beautiful Island** alongside our supportive and friendly team. Our wider team consists of OT's, PT's and Children's Speech and Language Therapists who all work closely together across Outpatient Services, Acute Wards and in Children's Therapy.



**Danielle McCann**  
Physiotherapist

*“The Isle of Man offers a slower pace of life with something for everyone”*

**Danielle McCann is a newly promoted Band 6 Physiotherapist who has worked for Manx Care since 2020. Born and raised on the Isle of Man, Danielle moved to Liverpool to study Physiotherapy with an ambition to return to where she grew up to get married and start a great career in physiotherapy.**

We spoke to Danielle to find out more about what she loves about living and working as a Physiotherapist on the Isle of Man.

**How would you describe the Isle of Man to someone who has never been?**

The Isle of Man offers a slower pace of life with something for everyone. Lots of beautiful hills, beaches and glens with the sea always only a few minutes away. There is also a close community feel, with lots of sports clubs and outdoor activities.

**What’s the best kept secret on the Isle of Man?**

Swimming at Fenella Beach in Peel in the summer followed by a coffee.

**What opportunities has living on the Isle of Man given you and your family?**

A chance to invest and be part of a great community, to develop our careers and to settle in an environment that is both safe and lovely.

**Why would you recommend the Isle of Man to others looking to relocate and what would be your top tips?**

I think the Island offers a nice pace of life and it’s generally a very safe place to live. There is barely any traffic which makes the commute to work easy. My top tips would be to explore as much as possible and get involved in some way with the community. I would also recommend chips cheese and gravy on peel beach.

**How do you spend your free time?**

I spend a lot of my free time helping with my local church. I also spend time with my friends and family, going on walks or out for coffee.

**What do you love about being a Physiotherapist?**

I love being around and getting to know different kinds of people. I enjoy seeing the impact that therapy can have on people’s pain and function and how this can influence their lives.

**What does an average day in your role look like?**

This can change as my job is rotational meaning every 9 months I work in a new department. At the moment I am on the Acute Stroke Unit. Typically, my colleagues and I would start the day checking on the ward patients. We would then have a team handover from the ward staff. The rest of the day is spent rehabilitating the patient’s on our caseload. We have a break in the morning and lunch time and monthly wider team meetings. I also have time in the day to complete patient referrals, check my emails and complete any other admin or project work.

**What is the team like that you work in?**

I’ve worked in a few different departments and everyone I’ve worked with has been great. My team are all caring and kind, dedicated to their jobs as well as being good fun and a pleasure to work with.

**Do you feel there is career progression for you on the Isle of Man?**

Yes definitely, I recently got a new job as a Band 6 Physiotherapist. This was a progression from my band 5 post and I felt really supported applying for this new role.



# Providing **efficient and quality** physiotherapy services to the people of the Isle of Man

As a Rotational Physiotherapist in Manx Care, you will contribute to our patient centred Therapies service by:

- **Managing your own caseload** of patients providing an efficient and high quality physiotherapy service within different specialist areas
- **Rotating** between clinical areas every 6 months including medical, ITU, surgical, amputees, orthopaedics, rehabilitation and musculoskeletal outpatients.
- **Consolidating specialist physiotherapy skills** in a variety of settings including examination and assessment of patients and delivery of treatment programmes
- **Setting appropriate and progressive treatment** aims, objectives and agree rehabilitation goals, in joint negotiation with patients
- **Delegating** patient treatment programmes to Physiotherapy Assistants and students and monitoring their progress
- **Communicate effectively** with patients, relatives, carers, your team and your wider Manx Care colleagues
- **Participating in and presenting in-service training** programmes, departmentally and across professions, providing feedback from external courses attended
- **Ensuring a well-coordinated and comprehensive care plan** by liaising with GPs and other relevant healthcare professionals and agencies
- **Taking part** in the on-call system to provide out of hours and emergency physiotherapy treatment.
- **For the Band 6 posts**, you will be required to manage a specialised caseload of patients. You will also supervise, delegate and train junior physiotherapists.

**These are very important roles for the Isle of Man community with a wide variety of people accessing our service for help. If you are excited by the above, we'd love to hear from you!**

# What you'll need to be a **Physiotherapist** in Manx Care

To be successful as a Rotational Physiotherapist in Manx Care you will need to show us that you:

- Have a **BSC in Physiotherapy** or a recognised Diploma
- Registration with **Health and Care Professions Council**
- Have a full and valid **driving licence**
- Can evidence your portfolio of **professional development**
- Have **knowledge and experience in core clinical areas**, for Band 5 this should be from your student clinical placements, for Band 6 this should be post graduate experience.
- Understand the **legal and professional responsibility** of a Physiotherapist and know when to ask for help
- **Work well as a team** and have a **flexible and self motivated** approach to your work
- For Band 6, you'll need experience of **supervising staff** and be able to demonstrate **good clinical skills**

## What we can **offer** you in return

- The Band 5 salary scale is **£28,611** to **£36,275**. Band 6 is **£32,207** to **£43,468**. Your salary will increase each year until you reach the maximum. Any previous NHS experience will be used to increase your starting pay.
- You will enjoy **competitive annual leave entitlement** of 27 days and 10 public holidays.
- For candidates not on the Isle of Man we will reimburse your **interview expenses** and give you a **relocation package** of up to £7,000 to get you, your things and your family to the island. You will also be eligible for **housing assistance** to help contribute towards your mortgage or rent on the island
- For those relocating or returning to the island you will receive a **refund on your national insurance** contributions made in your first year, this could be up to £4,000!
- **Free car parking** at all sites
- Developing our team to be the best they can be is important to us and we actively support your own personal **career goals, aspirations** and **development**.



Sunset at Peel Castle  
Peel, Isle of Man

*“The Isle of Man has such unique and historical claims to fame; from Manx cats, to the TT races, and birthplace of the Bee Gees”*

**Justine Torry joined Manx Care in 2019 as a Band 5 Physiotherapist and has recently been promoted into a Band 6 role. Justine and her family moved to the Isle of Man when she was 8 years old and is the place she loves to call home. She makes the most of island life by enjoying the outdoors, the great food and the beautiful scenery.**

Find out why Justine loves her job and what she gets up to in her free time on our special island.

### **How would you describe the island to someone who has never been?**

The Isle of Man is a very special and nostalgic place. You are surrounded by nature, with beautiful hills, sea and stunning coastline, all so close to your doorstep. The second line of the Manx national anthem is “O gem of Gods earth”, and I always think of this when I am on the plane and can see the Island from above (if it isn't too foggy!). The Isle of Man has such unique and historical claims to fame; from Manx cats, to the TT races, and birthplace of the Bee Gees!

### **What's the best-kept secret on the Isle of Man?**

The quality of food produce from local farms, particularly milk and cheese. Even the tap water has such a good and pure taste, it's something I always miss when I travel elsewhere.

### **What do you enjoy most about being a physiotherapist?**

Over the last 2.5 years my role has been so varied, and I have had opportunities to work in many different specialties. These areas have included inpatient medical and orthopaedic wards, intensive care and of course outpatient physiotherapy. From time to time I also work on call during out of hours or on the weekends seeing predominantly orthopaedic and respiratory patients. What I most enjoy about my job is meeting and working with patients, guiding them to help themselves to live actively and as independently as possible.



**Justine Torry**  
**Physiotherapist**

### **What is the impact of your job on the Isle of Man?**

Overall, we work with people to optimise and improve their physical/mental/emotional well-being, become fitter, stronger and be able to achieve their personal goals. This helps to keep people healthy and well, and avoid them requiring more invasive and medicalised treatments which would therefore result in future healthcare costs.

### **Why would you recommend the Isle of Man?**

It's a beautiful and wonderful place to raise a family. Life feels exceptionally safe and friendly here. The Island really does offer a uniquely attractive work-life balance, with higher salaries and short commute times.

### **Do you feel there is career progression for you on the Isle of Man?**

Most definitely. Continuing professional development and study opportunities are also very generous within Manx Care. As teams tend to be smaller, interactions are often more personal and it's easy to arrange shadowing across different areas.

### **What difference has living on the Isle of Man made to your work-life balance?**

Because commuting time is much less, and it doesn't take very long to drive anywhere, the access to such a variety of beauty spots is so easy. I love to go for long walks up in the hills and plantations, cycle my road bike on some amazing and challenging roads, play tennis at my local club, and go for the odd sea swim.



# *A special place* to live and work

The Isle of Man occupies a central position in the Irish Sea and the British Isles - between England and Ireland. The Island is accessible by sea and by air, with over 200 weekly flights off Island.

The Island is blessed with an extensive coastline, stunning natural landscapes and unspoilt beaches and is a popular holiday destination. Measuring 33 miles long and 13 miles wide, with a population of over 80,000 people, the Island has a diverse landscape, including glens, forests and beaches.

The Isle of Man is a self-governing country, but has always had and continues to have very strong ties to the UK. The Island offers an excellent education and an NHS style free healthcare system.

The Island has a strong national Manx identity and culture that is community spirited and celebrated with cultural, food and drink and sporting festivals throughout the year including the world renowned TT races, the Isle of Man Food and Drink Festival and the Manx Telecom Parish Walk.

Those living in the Island benefit from an unbeatable quality of life and great lifestyle opportunities. The Island is one of the safest places to live in Europe and is the only Island Nation in the world to be awarded UNESCO Biosphere status, making it a truly unique location to live and work.

All the information you could need on the Isle of Man is available for you at [www.locate.im](http://www.locate.im).

## About Manx Care

**Manx Care is a new public sector organisation responsible for delivering health and social care services across the Isle of Man.**

Its' creation marks a once-in-a-generation shift in the way these services are provided to the Island's population. It forms part of an on-going transformation programme that aims to establish Manx Care as an exemplar of successful integration of both health and social care. Find out more about Manx Care at [www.manxcare.im](http://www.manxcare.im).

