



Mill Hill

Instilling values, inspiring minds

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# Mill Hill School

## Physiotherapist Candidate Information Pack



Awarded Excellent in quality  
of pupils' personal development

## INTRODUCTION

– ISI Inspection 2020

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**An ambitious and enthusiastic Physiotherapist is required from January 2022 to join our modern, dynamic and highly motivated Sports Department.**

**This post will be a full-time, term time only role (36 weeks of the year), there is the opportunity to have reduced/flexible hours depending on skills and experience.**

**Start date: January 2022 or as soon as possible**

**Closing date: 9am on Wednesday 15 December 2021**

**Interviews: w/c Tuesday 4th January 2022**

The School also reserve the right to interview candidates ahead of the closing date and applications will be considered as they are received.

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### Key facts about Mill Hill School

#### GCSE & A Level

WITH A WIDE RANGE  
OF OPTIONS

#### Day & Boarding

DAY, WEEKLY AND  
FULL BOARDING  
PLACES AVAILABLE

#### Salary

£20,000 PER ANNUM (NON-  
RESIDENTIAL)

#### 120+

ACRES OF GROUNDS  
AND FACILITIES

#### Co-educational

FOR AGES 13–18

#### 10 miles

FROM CENTRAL LONDON  
WITH EASY ACCESS TO  
UNDERGROUND AND  
MAIN LINE STATIONS

#### Part of the Mill Hill School Foundation

EDUCATING GIRLS AND  
BOYS FROM 3–18

‘A vibrant, buzzing school, with a solid academic underpinning and an outstanding extra-curricular programme producing confident, articulate, mature young people, who start adult life solidly grounded, positive and well informed. ‘A very happy place to be,’ is the consensus of parents and pupils.’

– Good Schools Guide Review 2020

# THE SCHOOL

## **Mill Hill School**

Founded in 1807, Mill Hill School is an independent co-educational boarding and day school with 885 pupils aged between 13 and 18, of whom 350 are in the Sixth Form. The School is one of four in the Mill Hill School Foundation, which comprises Pre-preparatory, Preparatory and Senior Schools as well as an on-site International School and Cobham Hall in Kent.

We are situated in a magnificent 120-acre parkland campus on the edge of the North London Green Belt, providing a wonderful environment in which to work. The School is very much a community, particularly given the central importance of boarding: we are unusual for a London school to be offering full and weekly boarding, with over 180 boarding pupils.

We are committed to the on-going professional Development, and wellbeing, of all our teaching and support staff as well as the full induction and training of all new staff.

## **The Mill Hill School Foundation Ethos**

The Mill Hill School Foundation educates boys and girls from 3–18, seeking to equip them for life, both now and in the future.

Our stimulating academic environment and numerous activities outside the classroom encourage learning and personal growth. We are committed to the development of every pupil and believe that our friendly and supportive community helps this to happen. We seek as a Foundation to instil a love for learning which will last a lifetime whilst balancing this with a readiness to embrace change.



# JOB DESCRIPTION

An ambitious and enthusiastic Physiotherapist is required from January 2022 to join our modern, dynamic, and highly motivated Sports Department.

The Mill Hill School Physiotherapist is responsible to the Chief Executive of the Mill Hill School through his/her Line Manager who is the Director of Sport of Mill Hill School and Foundation Nurse Manager unless otherwise determined by the Chief Executive of the Mill Hill School Foundation.

The physiotherapy position takes a central role in our multidisciplinary Performance Team working alongside two Strength & Conditioners, a Performance Nutritionist, Performance Analyst and Mental Skills coach.

The Mill Hill School Performance Team supports pupils and our teams across 20 sports in everything from their athletic to emotional development, providing a provision across nutrition, physiotherapy, performance analysis, mental skills and strength and conditioning.

The School is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.

**The following duties shall be deemed to be included in the professional duties which the candidate will be required to perform:**

- > Support the aims and objectives of the Mill Hill School Foundation
- > Comply with the Mill Hill School Foundation Health and Safety Policy
- > Comply with Professional Codes of Conduct, standards and guidelines
- > To provide a high standard of evidence-based medical treatment and rehabilitation of pupils
- > Planning, preparing and delivering physiotherapy clinics within an agreed timetable during the school day, weekend fixtures and through the Co-Curricular activity programme, for boys and girls aged 13 – 18
- > Provide pitch side physiotherapy across multiple sports
- > Support the Director of Sport in developing and implementing the pre-match, pitch side and post-match medical support during matches (including Saturdays\*) in both term time and pre-season
- > Develop a programme that addresses Physiotherapy needs during away fixtures

- > To help develop prehabilitation strategies and personalised programmes to reduce the risk of injury for those pupils involved in both Fit for Performance and Fit for Life elements of the games programme
- > Act as an additional member of the Medical centre team when required
- > To communicate effectively within the teaching, coaching, pastoral and parent community
- > Provide Staff Physiotherapy clinics
- > To use Podium Analytics to track, monitor and support our pupils through injury ensuring we can develop our best practice and keep pupils safe
- > Undertake personal CPD as appropriate to meet the demands of the role
- > Attend weekly Multidisciplinary meetings with the relevant school Medical staff, Performance Team and Director of Sport
- > To keep all documentation and medical notes up to date
- > To be flexible in your role to meet the requirements of your job
- > Opportunity to offer physiotherapy services on sports tours domestic and abroad, a fixed fee for these tours will be pre-agreed
- > Provide CPD/teaching and learning opportunities for Sports Staff, Coaches and Medical Staff where appropriate
- > To order goods and materials where authorised within the departmental budget
- > To report and, where possible, take action for any incident, fire, loss, theft, damage, unfit food or other irregularities
- > Maintaining good order and discipline among the pupils and safeguarding their health and safety both when they are on the School premises and when they are engaged in authorised school activities elsewhere in your care
- > To carry out the above duties and responsibilities and additional duties and responsibilities if so directed by the Head of the Mill Hill School Foundation or his representative within the confines of the Mill Hill School Foundation

*\*Physical presence at Saturday fixtures would be in line with the 'normal' expectations of the Sports Staff Team*

## Performance Department and Sports Scholarship Programme

- > To take a central role in the Performance Department, working together with the multidisciplinary team to push achievement forward for all age groups and abilities across Mill Hill School
- > To work with the Director of Sport and other key staff in providing physiotherapy CPD opportunities for all MHS Sports Staff
- > Work alongside the Director of Sport to raise the profile of sport within and outside the school whilst increasing the number of talented sportspeople applying for places at 11+, 13+ and 16+
- > To undertake, analyse and feedback on screening protocols during Sport Scholarship sessions and Sport Scholarship Assessment Days
- > Work closely and communicate with relevant professional academies/NGB's to deliver support for our Sport Scholars
- > Develop return to play protocols which will include involvement from the Performance Team, Medical Centre, Heads of Sport and Coaches
- > Be part of the parent education process, which may include delivering presentations or producing resources
- > Be a presence at relevant Major School events, such as Foundation Open Mornings



## PERSON SPECIFICATION:

### Essential qualities/requisites

- > Awareness of Safeguarding and Child Protection issues and, ideally, knowledge of Safeguarding principles and procedures
- > Background: Degree in Physiotherapy, Sports Rehabilitation or Sport Therapy
- > Registered practitioner on HCPC and member of the Chartered Society of Physiotherapists (CSP), British Association of Sports Rehabilitators and Trainers (BASRaT) or Society of Sports Therapists (SST)
- > Pitch-side Qualification, preferably RFU PHICIS Level 2 or above
- > UKAD Advisor course certificate
- > Knowledge of musculoskeletal and orthopaedic injuries and the effective treatment of them in young athletes
- > Experience: 1+ Years prior experience and underpinning knowledge of working in a physiotherapy environment, ideally with young athletes would be beneficial
- > High professional and personal standards
- > Understanding of the needs of coaches within the development environment
- > Ability to plan sessions that coincide with the programmes of study
- > Knowledge and understanding of current trends and techniques in physiotherapy and rehabilitation, and the ability to apply this knowledge so that all age groups and abilities can be stretched
- > Ability to work as part of a multidisciplinary team
- > Ability to communicate with all pupil age groups from 13 – 18years and with the Foundation Teaching and Support Staff
- > Effective organisational skills
- > Dedicated to self-improvement and continuous professional development

### Desirable qualities/requisites

- > Availability to attend tours (both domestic and overseas) throughout the school year
- > Experience in effective Strapping, Taping and Soft Tissue Therapy
- > A basic understanding of paediatric/developmental disorders in the ages 13-18 years old
- > Knowledge and an interest in the Long Term Athlete Development literature
- > Experience in Strength & Conditioning or Weightlifting coaching
- > Experience in delivering Anti-Doping workshops for athletes/parents
- > Coaching qualifications in any of the sports Mill Hill School play



# HOW TO APPLY

1

If you would like to apply for this role, please download the application form from the **School website**. Our Guidance Notes for Applicants can also be found on the website.

[View Online Page](#)

2

Your application form should be completed in full and returned to **applications@millhill.org.uk** by **9.00am on Wednesday 15 December 2021**.

**Interview: w/c Tuesday 4 January 2022**

Please note that we are unable to accept applications unless they are made on our own application form. Due to the large number of applications the School receives, please be aware that only shortlisted candidates will be contacted to be invited for an interview.

3

Should you require any further assistance, please contact us via email **applications@millhill.org.uk**

The Mill Hill School Foundation and its staff are committed to safeguarding the welfare of children. The School is registered with the DBS and successful applicants will be required to complete successfully the Disclosure procedure at the Enhanced level. It is an offence for any person barred from working with children to apply for this post.

The Mill Hill School Foundation is committed to Equal Opportunities and welcomes applications from all sections of the community.



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**millhill.org.uk**

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