

## **Zenith Physio Pilates Pelvic Health Physiotherapist Education and Clinical Training Requirements**

### **1) Education (required)**

- Undergraduate degree in Physiotherapy (BSc, MSc, or Clinical Masters)
- Post-graduate training in manual assessment and treatment of the pelvic floor

### **2) Additional Qualifications (preferred)**

Pilates Instructor certification or other training involving pelvic floor/functional core rehabilitation exercise prescription

### **3) Roles and Responsibilities**

#### Direct Clinical Care

- Work with patients to identify physical problems and limitations
- Develop and review treatment programmes, both individual and group
- Provide manual and/or exercise based therapy for patients with joint and spinal problems
- Educate and advise patients and their caregivers on how to prevent and/or improve conditions
- Assist in the supervision and education of physiotherapy students
- Write patient case notes and reports; maintaining charts
- Collect patient statistics
- Keep up to date with new techniques and technologies available for treating patients
- Liaise with other healthcare personnel to supply and receive relevant information about the background and progress of patients, as well as referring patients who require other specific medical attention
- Be legally responsible and accountable (example: acupuncture practice standards)

#### Administrative Duties

- Booking and scheduling of patients
- Manage payments received
- Provide third-party payer forms as required
- Marketing
- Maintain up-to-date registration, liability insurance, etc.