**JOB DESCRIPTION**

|  |
| --- |
| **Job Title: Physiotherapist**  |
| **Department/Team:** **institute of sport - Physiotherapy** | **Date Created: March 2009** |

|  |
| --- |
| **DEPARTMENT/TEAM DESCRIPTION**Establish a World Class System for the delivery of high performance sports physiotherapy to Athletes. |

|  |
| --- |
| **JOB PURPOSE**To provide a quality and effective physiotherapy service, responding to the needs of athletes’ in terms of performance, injury prevention and rehabilitation. To work closely with coaches, programme staff and other support service to provide a quality and highly integrated approach to service provision with either athletes or specific sports.  |

|  |
| --- |
| **RESOURCES MANAGEMENT****Management responsibility for**: No direct reports**Reports to:** Senior Physiotherapist or Head of Physiotherapy**Budgetary Signing Limit up to:** N/A |

|  |
| --- |
| **KEY RESPONSIBILITIES*** Contribute to the delivery and development of a coordinated and comprehensive sports physiotherapy service to athletes and to specific supported sports which may change from time to time.
* Facilitate a multi disciplinary team approach including regular communication with coaches, athletes and appropriate members of support services.
* Monitor and collect information relating to injury across the Network and deliver appropriate preventative strategies together with means of monitoring and evaluating these measures.
* Provide a consistent approach in the management of long term injured athletes and work with other providers to ensure a quality and efficient return to sport.
* Assist developing and participating in sports specific profiling.
* Where agreed, provide physiotherapy services at training camps and international competitions.
* Work within an interdisciplinary support team and appropriate to individual sports specific training programmes, deliver services to athletes. Coordinate and facilitate sports specific groups to involve the wider network of physiotherapists.
* Work within the standards and guidelines of the CSP/HPC Professional Code of Conduct.
 |
| **MAIN JOB REQUIREMENTS** **Education:*** A qualification at degree level (or equivalent) in Physiotherapy.
* Membership of the Chartered Society of Physiotherapy (MCSP) and registered with the Health Professions Council (HPC).
* A higher degree level (or equivalent) in Sports Physiotherapy, Sport and Exercise Medicine, Sports Rehabilitation, Biomechanics or Motion Analysis is desirable.

**Specific Experience:****Required*** Strong post graduate experience with experience in the provision of physiotherapy service to athletes and coaches to improve performance. This should include extensive work with national teams or high performance squads.
* The ability to demonstrate experience of planning, implementation and monitoring of physiotherapy service to high performance athletes.
* The ability to demonstrate a capability to analyse a range of sports in relation to their physiotherapy and rehabilitation service needs. To develop, implement and evaluate physiotherapy programmes for individual athletes within these sports.
* Experience of working within a multi-disciplinary team in the delivery of physiotherapy services to high performance sport.

**Desired*** Have travelled with a team to major international competition at senior or junior level (eg Olympic or Paralympic Games, World or European Championships or Commonwealth Games).
 |

|  |
| --- |
| **JOB CLASSIFICATION FACTORS**1. **Knowledge and Specialist Skills**
* Experience in the provision of physiotherapy service to athletes and coaches to improve performance. This should include extensive work with national teams or high performance squads.
* The ability to demonstrate experience of planning, implementation and monitoring of physiotherapy service to high performance athletes.
* The ability to demonstrate a capability to analyse a range of sports in relation to their physiotherapy and rehabilitation service needs. To develop, implement and evaluate physiotherapy programmes for individual athletes within these sports.
* Experience of working within a multi-disciplinary team in the delivery of physiotherapy services to high performance sport, including a thorough understanding of the various support services including strength & conditioning, sports science and sports medicine disciplines.

 **Knowledge and Specialist Skills - (b) Level of Applied Expertise** * Will have full professional understanding and expertise in discipline, and be developing a wide ranging understanding of impacts and links to other disciplines
* Jobholder will be seen as the one of a number of the **sport**scotland practitioners in this area, and will be working towards widening High Performance/National level exposure
* Will be consulted by discipline staff in other areas, and by partners such as SGBs
1. **Resource Management**
* No people or budgetary responsibility
* Will contribute to a comprehensive database of activity and injury trends. Develop the current methods of monitoring injury status, and ways to assess effectiveness. Be able to present and deliver appropriately on findings.
1. **Complexity – (a) Problem Solving**
* Jobholder will need high level of problem solving skills around clinical reasoning, diagnosis and treatment options.
* Ability to adapt programmes on an individual basis according to the results of ongoing monitoring and assessment, in conjunction with coaches and other support staff, managing priorities and expectations,
* May find issues with non-contracted staff that require the seeking out of information to ensure consistency of approach

**Complexity – (b) Creativity/Innovation*** Must keep up to date and advanced knowledge of physiotherapy and rehabilitation techniques related to recent advances in musculoskeletal medicine in the sporting environment.
* The ability to work with other professionals to implement innovative ideas and influence athlete and coach support programmes, leading in areas such as injury prevention.
1. **Delivering Results – (a) Strategic Responsibility**
* Role is concerned with delivering the strategy set by others, ensuring that practices are followed correctly, but will need to plan own workload/schedule
* Planning cycle is annual in context of wider team 4 year plan
1. **Delivering Results – (b) Decision Making**
* Facilitate and coordinate immediate responses for injured athletes and monitor ongoing management back to full recovery – must make decisions to best achieve these objectives, and communicate them to others
* Decisions involve how to best apply known procedures within a standard model and follow precedents that are well defined and agreed by Seniors.
* Will need to assess options and risks when dealing with individual athletes, seeking guidelines on borderline clinical situations
1. **Networks and Relationships**
* Internally, jobholder needs to work with other managers/staff around delivery/target areas, ensuring that service is carried out. Also works closely with coaches, informing and consulting around athlete conditions. Liaise with staff within the network to ensure similar procedures and protocols in the management of athletes are being established across all sports.
* Demonstrate regular contact and sharing of information with physiotherapy group and attend programme and sports specific physiotherapy meetings where appropriate
* Externally, jobholder engages with athletes and Coaches across designated geographical area or sport around optimal ways of utilising physiotherapy.
* Demonstrate a commitment to evolving knowledge and innovative practice within sports medicine and be prepared to share this within other staff, be proactive in fostering links with universities and appropriate partners.
* Also networks with physiotherapy professionals across the UK and professional staff at SGBs/EIS/UK Sport, explaining and passing information, contributing to ongoing CPD

 **Networks and Relationships – (b) Team Working*** Forms part of the delivery team within the discipline, contributing technical/operational shared understanding
* Works with a wide number of external teams/groups, often allied to one sport, seen as an expert/professional contributor and leading activities
 |