**RORY HOLLIDAY PHYSIOTHERAPY**

**Associate Physiotherapist**

**Self-employed (sub-contracted)**

**Job Description**

**JOB PURPOSE**

You will be working in a clinic and gym environment with self-funded and private medical insurance clients.

Clients will be of all ages predominantly attending with a range of musculoskeletal complaints.

You will keep your own caseload of clients and manage their assessment, goals and treatment and deal with payment and bookings via an online diary.

There will be a programme of training for clinical and business management.

You will have confident and clear communication skills and be able to quickly build rapport with clients.

Advanced manual therapy and rehabilitation skills are essential with an understanding of the current evidence base covering exercise prescription, pain management and delivery of treatment.

Desirable experience of class-based teaching (e.g. Pilates), previous private practice and training in associated therapies.

**EDUCATION, QUALIFICATIONS & TRAINING**

Current HCPC registration as Physiotherapist

Record of ongoing CPD in MSK related fields – research based and practical skills

Current CSP membership

Desirable: Qualifications in associated therapies (e.g. Acupuncture, Sports Massage, CBT, Pilates), Masters level qualifications.

**EXPERIENCE**

At least 5 years post graduate experience in MSk related fields

Experience of receiving and delivering supervision

Experience of treating acute sporting injuries

Experience of treating chronic MSk injuries

Experience of class teaching

Experience of supervising students

**KNOWLEDGE**

Depth of knowledge in pathophysiology of acute conditions and their management to enable rehabilitation to full potential

Depth of knowledge in neurophysiology of chronic pain and associated compensatory mechanisms

Knowledge of graded exercise rehabilitation using gym and home equipment

Knowledge and experience of using a range of manual therapies to accompany exercise programmes

Use of relevant outcome measures and documentation/collation

Knowledge and application of CSP and HCPC standards and any additional standards linked with additional post graduate skills/training

Knowledge of current national guidelines related to MSk areas of practice

Knowledge of non-MSk conditions associated with practice

Awareness of red flags and practice implications, ability to direct to relevant medical practitioners as appropriate

Ability to search for relevant evidence base

Good working knowledge of IT systems

DESIRABLE: knowledge of TM3 computer system

**SKILLS**

Motivated, enthusiastic and committed to MSK rehabilitation

Highly competent, professional, flexible approach to providing evidence based interventions

Commitment to patient confidentiality

Provide advanced assessment, examination and formulation of treatment plans in collaboration with patients inc. exercise, advice and manual therapy

Able to work autonomously

Effective time management

Accountability – able to take responsibility for own actions

Openness – sharing information with patients and colleagues appropriately

Able to modify treatment plans appropriately

Be aware of own competencies and discuss any deficits in knowledge as they arise

Ability to deliver training to colleagues and participate in CPD activities

**PHYSICAL EFFORT**

Requirement to move treatment couch and chairs etc to create working space

Occasionally supporting patients who are usually ambulatory on and off treatment couches or chairs where necessary

Requirement to carry portable equipment (e.g. exercise equipment, laptop, files) between rooms, sites and to/from vehicles

Requirement to demonstrate exercises and physical activities of daily living to patient to aid understanding and compliance

Requirement to travel between sites as necessary

**EMOTIONAL EFFORT**

Ability to cope with regular clinical situations of a distressing nature

Ability to recognise and cope with stress in self and others and seek help in a timely manner

Demonstrate tact and diplomacy in stressful clinical situations

**OTHER**

Enhanced DBS Clearance

Excellent documentation to meet CSP standards

Data entry into IT systems

Work related admin tasks

Maintaining a clean and tidy working environment

Ability to produce invoices

Reports for Insurance related patients

Home visits may be required from time to time

Awareness of equality and diversity within the job role

Maintain professional relationships with patients and colleagues

Sensible, professional use of social media

Commitment to attending supervision sessions

Commitment to attend team meetings