

## Westgate Healthcare Limited

### Job Description

<b>POST:</b>	<b>Physiotherapist</b>
<b>GRADE:</b>	Band 5/6
<b>JOB TYPE:</b>	Permanent
<b>SALARY:</b>	Competitive, dependent on experience
<b>HOURS:</b>	Full Time, 37.5 hours, Monday to Friday
<b>RESPONSIBLE TO:</b>	Home Manager

#### ROLE PURPOSE

Working in a care home environment with elderly residents and managing a caseload of Westgate Healthcare Service Users requiring rehabilitation, using specialist Physiotherapy techniques.

- Work as a member of a multi-disciplinary team.
- Use specialist clinical skills to assess and deliver treatment to Service Users.
- Provide leadership to therapy assistants utilising supervision and appraisal skills.
- Work collaboratively and share information with other professionals within the home as well as with external professionals e.g. Doctors, Social workers etc, who visit the home.
- This role does involve working within an environment with elderly clientele. A kind, respectful and caring attitude must be upheld at all times.

#### RESPONSIBILITIES

##### Clinical

- Promote the greater mobility of Service Users experiencing physical problems utilising physiotherapy techniques.
- Effectively manage a caseload of Service Users requiring rehabilitation acting as an autonomous practitioner with specialist practitioner skills.
- Interpret referral information; using clinical reasoning, specialist skills/knowledge and evidence based practice in order to apply appropriate physiotherapy assessment.
- Implement Physiotherapy treatment programs based on sound knowledge of evidence based practice and a range of physiotherapy treatment in accordance with Service User care plans.
- Carry out manual and therapeutic handling, including the use of therapeutic equipment and exercise classes.
- Assess Service Users for use of walking aids and equipment and be responsible for instructing Service Users in using them safely.
- Engage in joint assessment and delivery of service with others involved.
- Provide specialist clinical information and advice to carers, relatives, other agencies and professionals.
- Agree goals with Service Users and carers appropriately and plan timely, safe discharge including measures to enable ongoing management/care.
- Liaise with health and social care colleagues and attending multi-disciplinary meetings and case reviews.
- Assess clinical risk and take appropriate action.
- Be responsible for own practice and accountable for all aspects of physiotherapy provided to Service Users.

##### Communication & Documentation

- Communicate sensitively with Service Users and relatives.
- Liaise effectively and work collaboratively with other professionals and colleagues.
- Maintain clinical case notes in line with professional and departmental standards.
- Provide specialist physiotherapy reports.
- Keep accurate records of Service User treatment and progress, working closely with other health professionals, such as the Occupational Therapist, Health Visitors and Social Workers.
- Maintain effective communication in all key-working relationships by providing and receiving clear and accurate information, orally, in writing and electronically.
- Participate in the collection of data such as outcome measures and clinical audits.

### **Professional Development**

- Take responsibility for maintaining professional and specialist knowledge.
- Use reflective practice as a tool for continuing professional development.

### **Health and Safety**

- Ensure Health & Safety standards are monitored and maintained and any shortfalls identified and reported to the Home Manager.
- Report and record accurately all accidents and untoward incidents appertaining to residents, visitors and staff.
- Ensure appropriate actions are taken in line with policy and procedures.
- Be responsible for resident safety during therapy and ensure risk assessments are completed as required and evaluated regularly.
- Have full knowledge of the Fire Procedures, fire escapes and a working knowledge of the fire fighting equipment.
- Have full knowledge of and take responsibility to ensure adherence to infection control policies and procedures of the Department of Health and the Company at all times.

### **Other Responsibilities**

- Be fully conversant with the Health and Care Professions Council (HCPC) / Chartered Society of Physiotherapy codes of practice
- As part of a team within a nursing home, take interest in Service Users throughout the home as well as with the Intermediate Care Clients and assist in activities for Service Users providing exercise where appropriate.
- Be flexible in your role and carry out all the above functions for other Westgate Healthcare homes if requested by the Directors.
- Attend and participate in staff meetings.
- Be committed to expanding his/her expertise and professional development.
- Maintain and develop current knowledge of evidence-based practice in own specialist area.
- Follow company policies and procedures.
- Generally help the Providers to run an efficient and caring establishment.
- Be flexible to carrying out any other necessary duties as agreed with Directors\Operations Manager\Home Manager.

PERSON SPECIFICATION - PHYSIOTHERAPIST		
FACTOR	ESSENTIAL	DESIRABLE
<b>KNOWLEDGE</b>	<ul style="list-style-type: none"> <li>Care needs of older people</li> <li>Knowledge of the range of services available for elderly persons</li> <li>Working knowledge of issues around independent living</li> <li>Knowledge of legislation relating to equipment/adaptation provision</li> <li>Risk Assessments</li> <li>Health and Safety Act</li> </ul>	<ul style="list-style-type: none"> <li>Care Standards &amp; role of CQC</li> <li>Knowledge of National Care Standards</li> </ul>
<b>QUALIFICATIONS</b>	<ul style="list-style-type: none"> <li>Degree in Physiotherapy</li> <li>HCPC/CSP registration</li> <li>Evidence of periodic training to update knowledge, skills and competence</li> </ul>	<ul style="list-style-type: none"> <li>Band 5/6 NHS equivalent</li> <li>Basic First Aid</li> <li>Other qualifications relevant to client group</li> <li>Evidence of having completed at least 6 months mentorship programme within the NHS</li> </ul>
<b>EXPERIENCE</b>	<ul style="list-style-type: none"> <li>Minimum 12 months experience working with elderly people with disabilities or similar field</li> <li>Working in a team</li> <li>Liaising with other professionals</li> </ul>	<ul style="list-style-type: none"> <li>Experience of working within an elderly care environment</li> </ul>
<b>SKILLS</b>	<ul style="list-style-type: none"> <li>Good standard of verbal/written communications</li> <li>Good organisational and time management skills</li> <li>Ability to promote the service</li> <li>Ability to work in a team</li> <li>Self motivated and enthusiastic</li> </ul>	<ul style="list-style-type: none"> <li>IT skills</li> <li>Supervisory skills</li> </ul>

**Confidentiality:** Attention is drawn to the confidential aspects of this Post. Matters of a confidential nature, including information relating to Service Users or staff must not, under any circumstances, be divulged to any unauthorised person.

**Education:** To identify own training needs and participate in training to develop the skills and knowledge to meet advances in computer database technology.

**Health & Safety:** The Post Holder is required to take reasonable care of his/her own health and safety and that of the other people who may be affected by his/her acts or omissions at work and to ensure that statutory regulations, policies and department safety rules are adhered to.

**This is an outline of the Post responsibilities and is not intended to be an exhaustive list. The duties of the Post may be changed from time to time in the light of changes in the Services provided by Westgate Healthcare, changes in legislation affecting the Company or at the discretion of the Company Directors.**  
**I acknowledge the receipt of the above job description:-**

**Name:** \_\_\_\_\_ **Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Once signed kindly return to the Home Manager. One copy will be retained in your personnel file and the other is for your personal reference.**

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**FOR OFFICE USE ONLY**

**Home Manager:**  
**Name:** \_\_\_\_\_ **Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_