UPPER CERVICAL SPINE/HEADACHE
- an integrated manual therapy approach

This two day course gives participants the practical skills needed to safely and effectively examine and treat upper cervical spine dysfunction. The approach integrates concepts developed by Maitland, Edwards, Mulligan, and Jull amongst others. Case studies are used to develop reasoning in clinical diagnosis and treatment planning. The evidence supporting the effectiveness of manual therapy in the treatment of upper cervical spinal dysfunction is outlined.

Presenter:
Neil Bowler is a Specialist Musculoskeletal Physiotherapist and Fellow of the Australian College of Physiotherapists. He works in private practice in Perth, Western Australia and lectures at both undergraduate and postgraduate level. His clinical and postgraduate teaching experience extends over 35 years. Neil has a Post Graduate Diploma in Manipulative Therapy and Post Graduate Diploma in Sports Physiotherapy from Curtin University in Western Australia. He was awarded a Master of Science in Manipulative Therapy in 2009. He has two cervical spine research articles published.

Course Content:
- Clinical anatomy and biomechanics of the upper cervical spine
- Combined movement examination & treatment of O/C1 & C1/2
- Mulligan approach to cervicogenic headache
- Assessment of cervical arterial dysfunction
- Differential investigation of cervicogenic dizziness
- Mulligan approach to cervicogenic dizziness
- Assessment of upper cervical instability
- Manipulation (HVT) theory & practical
- Muscle system dysfunction and control
- Neural tissue issues

Audience:
This course is of value to all physiotherapists with basic manual therapy skills who wish to develop their ability to effectively examine and treat patients with upper neck related pain/dizziness and headache.

Date & Venue:
13th & 14th April 2019

Physiotherapy Department
Royal United Hospital
Combe Park
Bath BA1 3NG

Fee: £260 (includes 5% Early Bird Discount if paid by 13th March 2019)

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