Splinting in Neurology – An Introduction

A practical 2 day introductory course for physiotherapists and occupational therapists in using soft and scotch cast for splinting people with a neurological condition. The main focus of the course is practical, enabling the participants to learn how to use the materials and techniques for making splints for the upper and lower limb. The 2015 ACPIN ‘Splinting Guidelines’ form the basis for clinical reasoning around splinting and the participants are provided with documentation templates that will facilitate smooth introduction of the learned skills into clinical practice within the inpatient and community setting. All materials are provided.

Organiser information:
The course is facilitated by Steffi Skalla, MCSP, and Kate Winstone, MCSP

Steffi is a specialist neurological physiotherapist with more than 20 years of experience of working with people with complex neurological conditions. She was clinical lead physiotherapist at the Bath Neuro Rehab Services for many years. Currently she is clinical specialist physiotherapist providing the neuro outpatient physiotherapy service for Bath and North East Somerset based at St Martins Hospital, Bath, and also working independently in private practice.

Kate is a specialist neurological physiotherapist. Since qualifying in 1997 she has worked in stroke and brain injury inpatient units, including 7 years with Bath Neuro Rehab Services. This included being the lead physiotherapist for the spasticity management service and providing neurological physiotherapy to outpatients. Kate completed a Masters degree in Neurological Rehabilitation at Plymouth University in January 2015 and is currently working in the community setting.

Course venue:
Physiotherapy Outpatient Department
St Martins Hospital
Midford Road
Bath, Somerset BA2 5RP

Course Dates and times:
12th & 13th June 2015-04-19. The course starts at 9 am both days and ends at 5pm

Parking:
There is parking on site and it is free of charge in the staff parking areas on Fridays and Saturdays. There is also parking on the Midford road should the car park be full.

Transport:
For directions use the following link:

The bus number 179, 14, 13 & 267 can be taken from Bath Spa railway station to St Martins hospital. Bus timetable information can be found on http://www.traveline.info/
**Refreshments**
Tea and coffee will be available in the staff room. Lunch is not provided. There is a Sainsbury’s 2 minutes across the road, and a fridge and microwave available to use in the staffroom.

**Accommodation**
There are plenty of B&B’s and hotels in Bath and surrounding areas. Please make your own arrangements.

**What to wear**
Please wear comfortable loose clothing and bring shorts if possible as we will be using each other as models for making the splints. Please note that soft and scotch cast materials contain resin, and while we will be using aprons and gloves for protection, it is still adviseable to wear clothes where accidental contact with resin does not matter as resin will be difficult to remove from clothes.

**Course booking information:**
The preferred method of booking is via Eventbrite: [https://www.eventbrite.co.uk/e/splinting-in-neurology-introduction-tickets-16319050720](https://www.eventbrite.co.uk/e/splinting-in-neurology-introduction-tickets-16319050720)

If you cannot book via Eventbrite, please contact Steffi directly via email steffi@physioneurorehab or call 07889880816.

Please complete and submit the attached registration form with payment as soon as possible to secure your place.
Cheques should be made payable to Steffi Skalla and sent to 134 Hayward Road, Bristol, BS5 9QA, or paid on-line using the following details:

Sort code: 40 42 18    Account: 11461672    Ref: Fee Payer's name
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Registration details:

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Other comments / information

Please return by email or post to Steffi Skalla, 134 Hayward Road, Bristol, BS5 9QA