

The Physiotherapy Pain Association Introductory Course

Psychologically informed approaches to physiotherapy assessment and management of pain

A two-day course run by the Physiotherapy Pain Association in collaboration with Pain Training and Education

Tutors: Dr Pete Gladwell and Emma Bartlett

This course introduces the theory and evidence base for cognitive and behavioural approaches to pain management. The biopsychosocial assessment of musculoskeletal pain is linked to individualised treatment planning and there is emphasis on practical skills development.

This course is suitable for physiotherapists aiming to enhance their knowledge and develop skills in psychologically informed physiotherapy practice.

The course is relevant for physiotherapists working in outpatient departments, pain services and private practice.

Date: Saturday 30th Sept & Sunday 1st Oct 2017, 9.30am - 4.30pm.

Venue: City Hospital, Dudley Road,

Birmingham, West Midlands, B18 7QH

Fee: PPA members £200, non-members £220

Includes tea/coffee and buffet lunch on both days.

For further information and an application form, please apply to:

Kate McAllister c/o ptecourses@gmail.com

Closing date for applications: Friday 23rd September 2017

This course was previously known as "An introduction to the Cognitive-Behavioural Approach to the management of pain".