



## APCP Neuromuscular Group 2015-2020 Plan

### Objectives & Strategies

#### Continuing professional development and education

- Plan to hold 'Management of Rare NM Disorders' study day in February 2016
- Work towards survey of APCP members' training needs for both more and less experienced physiotherapists
- NM Group Committee member to present at National Conference in 2015 on update on research trials in NMD
- Committee members organising neuromuscular day and evening courses in regional areas, providing training on specific outcome measures for use in NMD
- Feedback / learning outcomes from WMS Congress
- Physiotherapy e-learning module
- Development of National Multi-disciplinary NM Conferences

#### Support the development and use of evidence to establish physiotherapy as key to health well being and quality of life

- Publish APCP NM competencies
- Develop paediatric exercise leaflet / booklets suitable for physiotherapists / families

#### Develop both physiotherapy's influence and CSP / APCP's influence and profile, paediatric specific

- Promote physiotherapy departments having a named APCP link to feedback to about APCP best practice
- Links on local department computer systems to APCP NM Group web page and relevant best practice guidelines / evidence
- Promote annual (at least) local inservice training to communicate current best practice - identify and tailor to local needs
- Add links on the APCP NM Group web page to other relevant sites (eg. MDUK, SMA Support, South West Operational Delivery Network) and vice versa

#### Increase member engagement in APCP/CSP

- Increase size of NM Group Committee to broaden expertise within the group and to ensure representation from clinical, research, acute and community sectors
- Identify list of APCP members working in all the NM centres nationally and invite them to engage in the competency process
- Promote APCP NM Group at the APCP Annual Conference
- Continue to develop the APCP NM Group's web page - starting with links to useful websites and clinical standards of care

#### Ensure sustained financial viability

- Hold 1-2 courses annually in response to members' training needs
- Investigate increasing sponsorship from outside parties at conferences / courses