



KEY MESSAGES

for the English Regional Networks

June 2017

Physiotherapy UK 2017 – early bird tickets on sale 10 – 11 November, Birmingham

With the draft programme now online (physiotherapyuk.org.uk), members can make the most of the early bird ticket costing £262 which is two days for the price of one (when booked before 27 June). The themes for this year are: Evidence matters; LEAD: Leadership Exploration, Advocacy & Development; Our Digital Movement; Your service, your improvement. The 2017 Founders' Lecture will be delivered by Prof Sir Muir Gray CBE, Chief Knowledge Officer to the NHS. Members can look forward to unrivalled opportunities for networking and professional development.

WorkOut@Work! is back! www.csp.org.uk/wow

Register for a W@W! pack to run an event up to July 31st. As well as promoting physiotherapy's role in keeping people fit for work, the campaign also focuses on enhancing the profile of physiotherapy in primary and community care and influencing healthcare decision makers to choose physiotherapy in the future. Members who register will receive a box of the CSP's fit for work leaflets, copies of our new back pain guide and Think Physio for Primary Care briefing to distribute at events. Additional resources are also available to download. All CSP members can run W@W! events, but if you're a support worker, student or retired member, please read the member

resource pack for detailed advice on taking part and guidance on insurance cover. The Campaigns and Regional Engagement Team are on hand to help you maximise the influencing potential of your event so get in touch at: cre@csp.org.uk (including information on your location).

Backpain campaign

The CSP has launched new resources to reassure and inform the public about back pain. These include a short animation for use on social media and in waiting rooms, and a leaflet for patients called '10 things you need to know about your back'. The resources are available at: www.csp.org.uk/yourback

Think Physio for Primary Care

The CSP has launched an updated evidence briefing and refreshed an animation to help spread the word. For more information visit: <http://www.csp.org.uk/professional-union/practice/primary-care>

Sustainability and Transformation Plans

If you are a manager or a steward involved or interested in your STP could you spare half an hour talking to Alice Sorby from the CSP? If so please contact Alice on: sorbya@csp.org.uk

#Backingrehab and the General Election

As the UK prepares to vote in the General Election on 8 June, members are encouraged to use #Backingrehab campaign to raise the profile of physiotherapy and promote the importance of rehabilitation amongst local party candidates. The campaign worked successfully in Scotland, NI and Wales last year and resulted in commitments from key candidates and the CSP then followed up with candidates post-election to ensure they took action on their commitments. To support the campaign simply tweet and @mention the party candidate and ask them to pledge their support for [#Backingrehab](#)

Have your say on the future of physiotherapy

The CSP has launched a new survey giving patients, carers and healthcare professionals the opportunity to influence research about physiotherapy. This survey is part of a Physiotherapy Priority Setting Partnership (PSP) with the James Lind Alliance (JLA) and will enable patients, carers and clinicians to work together to identify the most important questions for physiotherapy research leading to improved care. It will also ensure that funders of health research will know what really matters to patients. The UK-survey will be open until July. For more information and to have your say visit: www.csp.org.uk/priorities

The results of the survey are expected late 2017.

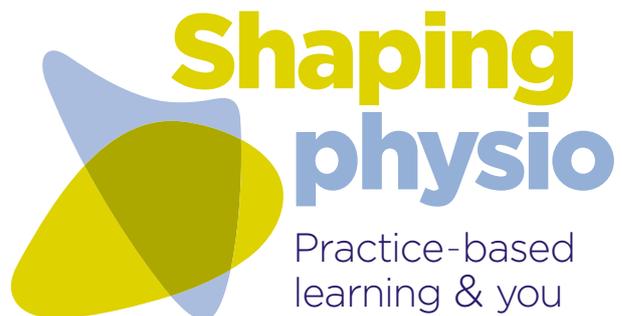
UPDATES FROM CSP PRACTICE & DEVELOPMENT

Transdermal patches and hydrotherapy - advice on management of risk

There is a warning that Transdermal patches using opioid medicines, are linked to serious side effects in patients when exposed to increased temperatures. The CSP's Practice and Development Team have produced a paper that explores their use in hydrotherapy pools and during extreme exercise where body temperature may rise. It also covers side effects that may be life threatening, including death caused by the increased absorption of the opioid medicine at higher temperatures. To access this information visit the CSP web page using this shortened link <http://bit.ly/2qhBPCG>

Cauda Equina Syndrome - reducing risk of mis-diagnosis

This publication provides CSP members with key information on Cauda Equina Syndrome (CES) from an indemnity perspective, whilst also signposting members to more detailed resources. A short film and briefing from the CSP on CES provide further information and are available from this shortened link <http://bit.ly/2qSFmnn>



Shaping physio: practice-based learning and you

As the CSP's campaign gathers momentum, it's clear that members are keen to come together to share experiences & ideas about ways of doing practice-based learning differently. You will find information, guidance and support to help you make the most of the rich benefits of practice-based learning in your practice setting on CSP website at: www.csp.org.uk/prbl

Be part of a movement

CSP English Regional Networks play a key role promoting physiotherapy in the region as well as exerting influence on decisions that impact on services regionally and locally. Any CSP member can volunteer to get involved. So whether you're retired, a student, a full member or associate, privately employed or an NHS employee there's nothing stopping you. It doesn't take up very much time and you can expect support from the CSP's Campaigns and Regional Engagement (CRE) Team to help realise your ambitions. Whether it is advice on organising an event, promoting a campaign or influencing a healthcare decision-maker, the CSP CRE officers can help.

What's stopping you?

Email cre@csp.org.uk today to find out more.