

July 2017

### **EXECUTIVE COMMITTEE ACTIVITY**

A very successful Conference was held in Derby and Scropton RDA Centre. Wonderful facilities, and an excellent diverse programme.

Thanks to Chairman Elizabeth and Treasurer Fiona for the all the organisation.

Thank you to Irma for organising the suppliers of clothing. The Committee were able to order a variety of embroidered tops to have on display at the Conference. The process for ordering by members is now in place.

Contact [www.salixembroidery.co.uk](http://www.salixembroidery.co.uk) and locate CPTRH under Clubs and Organisations. Payment is direct to Salix, and delivery is quick.

AGM was held as announced. Reports from Chairman and Office bearers were heard. 4 existing members of the Executive Committee were due for re-election and that was done unanimously. 1 new member was voted in to replace a retiring one. Minutes will be circulated shortly.

Your Executive Committee post AGM ;

Chair – Elizabeth Beckerlegge

Vice Chair – Louise Barrett

Treasurer – Fiona Hainsworth

Secretary – Elspeth O'Donnell

PN Rep – Nona Dane

PR and iCSP – Kate McIntosh

Course Co-ordinator, Website and Research Officer – Valerie Cooper

Members – Tish Would, Irma Prins, Jenny Collings, Anthea Pell

Training and Education Sub-committee next meeting will take place during the Hippotherapy Module of the Course at Clwyd.

Draft copy of the Handbook was circulated for comments to delegates at the Conference. Suggestions will be reviewed by the Exec, and members will be notified when it is available.

### **FUTURE EVENTS**

#### **PHYSIOTHERAPY UK CONFERENCE**



This Conference will be held in Birmingham 10–11<sup>th</sup> November 2017 and CPTRH have been given exhibition space to have a display.

This is a wonderful opportunity to increase awareness of our work and to really showcase what we do. Nona Dane is taking the lead on this so please contact her with ideas, photos, other materials or offers of help. [Anon\\_dane@hotmail.com](mailto:Anon_dane@hotmail.com) Please let us know if you are planning to attend, as deals are available for Professional Networks.

### **HETI INTERNATIONAL CONFERENCE – DUBLIN**

Dublin 25<sup>th</sup> –29 June 2018. Information on Heti website.

### **RDA COACHING CONFERENCE**

**Date** – Sunday 15<sup>th</sup> –Monday 16<sup>th</sup> October 2017–07–10 This is an annual event for RDA Coaches to which CPTRH members are invited. Full Conference including food and 1 night accommodation is £110, day rate is £45. Information can be found on RDA website under Running your Group/Coaching. It is an excellent way to meet many RDA Coaches and understand their approach to teaching riders. There is always a cluster of physios there, so do come and make that group bigger. CPTRH Chair Elizabeth has been invited to sit on the Forum for Questions at the end of the Conference.

**RDA NATIONAL COACHES TRAINING DAYS** : to be held in Regions through the year.

South Wales – 27.7.17 Bridgend College

West and Central Scotland – 12.9.17 Carrick RDA, Ayr

North – 28.9.17 Keswick RDA, Calvert Trust Riding Centre, Keswick

Physios are welcome at these sessions, and it is a good way to meet the instructors/coaches in your area. Content includes 3 Stages of Learning; comparing types of horses for Different RDA sessions or Disabilities; Progression of riders and use of assistant/volunteer in a Group session ; Rider position and Aids; Q and A. Each day runs from 10–4. Contact RDA for application form and more information. [www.rda.org.uk](http://www.rda.org.uk)

### **PROMOTIONAL MATERIAL**

CPTRH has 2 floor standing banners and 5 desk top banners which are available for members to borrow for their presentations or teaching.

Contact [elspethodonnell@gmail.com](mailto:elspethodonnell@gmail.com)

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