



Aquatic Therapy Association of Chartered Physiotherapists

ATACP SPRING STUDY DAY 2018
Saturday 17th March 9.15am-4.00pm

Guest Speakers:

Elaine McNish

The Aquatic Journey- Integrating Health and Leisure
a new national pilot

Sarah Wratten

Aquatic Therapy Quiz

Oliver Krouwel and Sarah Wratten

Hip and Knee Workshop

Venue:

Royal Hospital for Neurodisability
Putney, London

Enquiries:

Grace Alba-Garcia

atacp@rhn.org.uk

Spaces will be limited, apply NOW to avoid disappointment!

Application Form: Spring Study Day 17/03/2018

Please PRINT clearly: Receipt & e-Certificate will be sent via email **

Name	
Address	
Contact Telephone Number	
EMAIL ADDRESS **	
ATACP Membership Number	

Please Tick Membership Category:

- ATACP Member (Individual / Associate / Overseas) £35
- Departmental Member £35 (One Applicant per Department)
- Non Member £50 Overseas Non Member (outside British Isles) £60
- Student Member (valid NUS Card) £25 Student Non Member £35

No Refund for Cancellation after 02/03/18

Applications To: Grace Alba-Garcia

Long Term Care Office
Royal Hospital for Neurodisability
West Hill, London
SW15 3SW

Or E-mail to Grace at atACP@rhn.org.uk

Please Tick Payment Method:

By **Cheque:** Payable to ATACP

Or **BACS transfer:** NatWest - Hydrotherapy Group of Chartered Society of
Physiotherapy Acc No. [04075447](#) Sort Code [60-30-03](#)
REFERENCE = "Full Name" Date payment made:.....

If you are paying by BACS please remember to e-mail or send your application form to Grace Alba-Garcia.

Do you have any specific dietary needs?

Do you have any special requirements?

ATACP Spring Study Day 17/03/2018

	Timetable:
9.15- 9.30	Registration & Refreshments
9.30 - 9.45	Introduction & Welcome
9.45 - 10.45	The Aquatic Journey- Integrating health and Leisure a new national pilot (Elaine McNish – Head of Health & Well Being Swim England)
10.45 - 11.15	Break
11.15-12.15	AGM
12.00-13.15	Lunch
13.15-14.15	Aquatic Therapy Quiz (Sarah Wratten)
14.15 -14.45	Break
14.45-15.40	Pool Practical - Hip and Knee Workshop (Sarah Wratten and Oliver Krouwel)
15.45-16.00	Discussion, Evaluation & Close

Our Speakers:

Elaine McNish

Elaine McNish is the Head of Health and Wellbeing at Swim England. Elaine has worked in the health, sport and fitness field for over 25 years. During this time she has worked in local authority leisure services, public health departments, and a national governing body of sport, the Sports Council for Wales, the Welsh Government and Macmillan Cancer Support. Some of the key pieces of work she has carried out include; writing the Welsh Government physical activity action plan, Creating an Active Wales; developing and managing the Welsh National Exercise Referral Scheme; providing advice and support to voluntary groups making lottery applications; and

working on the development of the joint UK Chief Medical Officers guidelines on physical activity. She has also created and delivered a range of courses for teachers, sports, fitness and health professionals and written a book on behavioural change for sport and fitness professionals.

Sarah Wratten MMT BSc (Hons) HT ATACP Accredited Tutor

Sarah Wratten is an Aquatic Therapy Clinical Specialist Physiotherapist who has been a committee member of the Aquatic Therapy Association for Chartered Physiotherapists (ATACP) since 2001 and is an accredited ATACP tutor. She regularly tutors courses in aquatic therapy, has spoken on ATACP study days and the 2014 UK Aquatic Therapy Conference. Sarah is also a committee member of the Pool Water Treatment Advisory Group (PWTAG). Sarah has 20 years' experience working in and managing hydrotherapy pools in the NHS, Private and Ministry of Defence sectors. Her extensive experience has led to her to consult on risk assessment, policy and procedures formulation, required staff competency training and in her special interest on hydrotherapy pool design. Sarah works as a clinician, manager and consults on all aspects of running hydrotherapy pools, she currently manages the aquatic therapy service at the Defence Medical Rehabilitation Centre Headley Court.