



AGILE Bulletin

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Summer is here and we are again busy with another jammed packed year of projects and educational events for our members.

Below are a few things we thought you'd like to know about...

- **AGILE National Study Days “ Managing the Older Person Amputee- a Community Perspective”** delivered by the British Association of Chartered Physiotherapists in Amputee Rehabilitation (BACPAR) are set to roll out across the country this year

East Region- there are still a few places left for Sunday 9th July in Lambeth (South London) please contact agileeast@gmail.com

- ***SAVE THE DATE***

AGILE's Autumn Conference this year will be in Croydon on the 14th and 15th October 2017, entitled 'Living Well with Long Term Conditions'. With the increasing focus on multi-morbidity, this promises to be another exciting 2 days with a community focus and some great speakers. Sign up now at:

<http://agile2017.eventbrite.co.uk>

Early bird rates until 30th June. We still have some free places at conference this year- if you have been an AGILE member for 2 consecutive years, all you need to do is to complete the Research and Education Fund Application form and send it to agiletreasurer@gmail.com

- Are you interested in learning more about sarcopenia and exercise? AGILE and the British Geriatric Society have joined up to run a study day as part of the BGS Sarcopenia and Frailty Research Special Interest Group. This study day will be on Wednesday 22nd November and will bring you up to date with the latest evidence. This day forms part of the BGS Autumn Meeting 22nd to 24th November in London. For further information, please go to:

<http://bit.ly/BGSAut17>

- **ARE YOU INVOLVED IN ANY ASPECT OF HIP FRACTURE REHABILITATION?**

Whether you are based in the acute sector, intermediate care or in the community, if you currently offer rehabilitation for patients who have had a hip fracture, this national audit is for you....



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- Are you involved in delivering any aspect of hip fracture rehabilitation?
- Would you like to be part of a national clinical audit?
- Are you interested in improving the experience of older people who have experienced a hip fracture?

This year, the Royal College of Physicians Falls and Fragility Fractures audit programme (funded by the CSP) is running a hip fracture rehabilitation programme with the aim of understanding the whole patient pathway and the contribution of physiotherapy to outcome. This will cover the acute, post-acute and community journey from first day mobilisation to 120 days follow up.

The audit data will be analysed with the National Hip Fracture Database and provide a rich source of information which will:

- ✓ Gain a better understanding of the whole patient pathway (local and national)
- ✓ Enable a better understanding of the relationship between rehabilitation and outcomes
- ✓ Identify improvements to service delivery models
- ✓ Increase awareness amongst commissioners of rehabilitation across the pathway

The success of this audit in delivering improvement in patients' experience and outcomes is dependent upon us, as AGILE members, to engage with this national audit.

Contact hipsprint@csp.org.uk to confirm your place and for further information about the audit. Please note that the audit covers services in England, Wales and Northern Ireland.

• NATIONAL COMMITTEE OPPORTUNITIES

Are you interested in joining the national committee? We will have a number of vacancies from October 2017- we have a supportive committee that will provide mentoring and a structured handover period so that you get to grips with a new role. If you are interested in knowing what opportunities are available, email Lou McGregor AGILE Chair

• PROJECT NEWS

- AGILE have been invited to join the expert reference group: Cancer Care for the Older Person. The main aims of the expert reference group are to improve outcomes for older people through research, development of the workforce and development of assessment screening tools to identify co-morbidities.
- AGILE also represent the CSP on the Fracture Liaison Implementation Group, led by the National Osteoporosis Society. We are also contributing to the development of

- osteoporosis and exercise guidelines in partnership with the National Osteoporosis Society
- Fiona Lindop has been representing AGILE on the guidelines development group for the NICE Parkinson's review. These guidelines should be published very soon.

The **East region** has been very busy organising the 2017 conference in October; it would be great to see lots of east members there. <http://agile2017.eventbrite.co.uk>

If you have any speaker ideas or would like to host an evening lecture please let us know – agileeast@gmail.com

Tell us what you need to know about Parkinson's - Ana Aragon, OT and AHP Learning Pathway Adviser, Parkinson's UK

Contribute your views and experiences via an online Survey of Physiotherapists, Occupational Therapists and Speech & Language Therapists. The UK Parkinson's Excellence Network is an initiative aimed at improving healthcare services and is now developing a suite of learning pathways for physiotherapists, occupational therapists and for speech and language therapists - supported by Parkinson's UK. To gather details for this project we are undertaking a survey, to inform learning pathways aligned to both professional competencies and the KSF framework. This will help us develop a one stop point of information about educational needs and resources for the 3 Therapy professions, to support working with people living with Parkinson's. The pathways will evolve further as additional resources are created to fill gaps identified in existing resources.

We are keen to hear from as many physiotherapists as possible, whether you see people with Parkinson's everyday or a couple of times a year. Access the therapists' survey online anytime until Wednesday 16 August 2017 via the Excellence Network [look for a link in Professionals / News 'area'] of the Parkinson's UK website at www.parkinsons.org.uk/professionals



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